CROSS VERMONT TRAIL MAPS AND CUE SHEETS

updated: March, 2025

Explore trails, parks and communities across Vermont, following the Wells River and the Winooski River.

The Cross Vermont Trail is a project to build a new trail spanning the state from the Connecticut River to Lake Champlain.

Maps show the many sections of trail that are open now, and highlight scenic roads that can be used to link together the open sections of trail to make a complete statewide trip.

Cue sheets accompany each map. Cue sheets are brief, turn by turn directions, easy to refer to at a glance. (Two copies per map, one written east to west, the other west to east.)

The Cross Vermont Trail route is a little over 90 miles (the width of Vermont!)

Currently about half is on bike paths, rail trails and quiet country roads.

But the other half is still on busier roads.

Let's fix that. We are a small non-profit organization, member based and volunteer driven, working to build more trail with the goal of a complete statewide off road route. *You can help!*





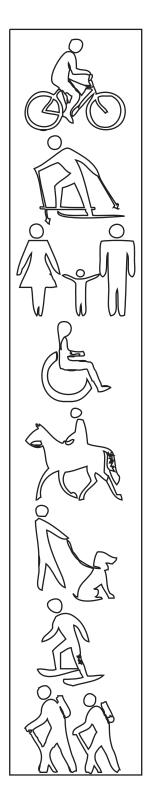


Cross Vermont Trail Association 29 Main Street, Suite 4 Montpelier, VT 05602

802-498-0079 crossvermont.org

Digital maps, updates, and how to donate at our website:





TRAIL ETIQUETTE

Good manners are to a multi use trail as a chain is to a bike, or laces to a shoe.

Be consistent. Travel on the trail in a regular way. Follow the conventions you are familiar with from driving on roads. Travel on the right, pass on the left, do not weave in and out of traffic, do not pull out suddenly in front of people, adhere to instructions on signs.

Be prepared to yield. Yield means « slow down, communicate with the people you are meeting, be prepared to stop if needed, then proceed safely. » People headed downhill yield to people headed uphill. Faster yields to slower. Motorized yield to all, bikes yield to pedestrian, pedestrians yield to people with mobility disability, pushing baby strollers, etc., and everyone yields to equestrians.

Do not block the trail. Travel on the right. Take up no more than half the width of the trail. If in a group, this may mean spreading out in single file. If trail is narrow, may mean being prepared to step to the side to let others pass. Watch and listen for others. Allow faster trail users to pass safely. If stopped (such as to talk, rest, take in the view, and what not), move off to the side, out of the way.

Pass safely. Pass on the left, when passing people travelling in the same direction as you are. Give calm, audible warning. Give person you are passing time to react before you pass them. When approaching people travelling towards you, make eye contact, say hello, be prepared to yield if there is need, keep to the right and proceed.

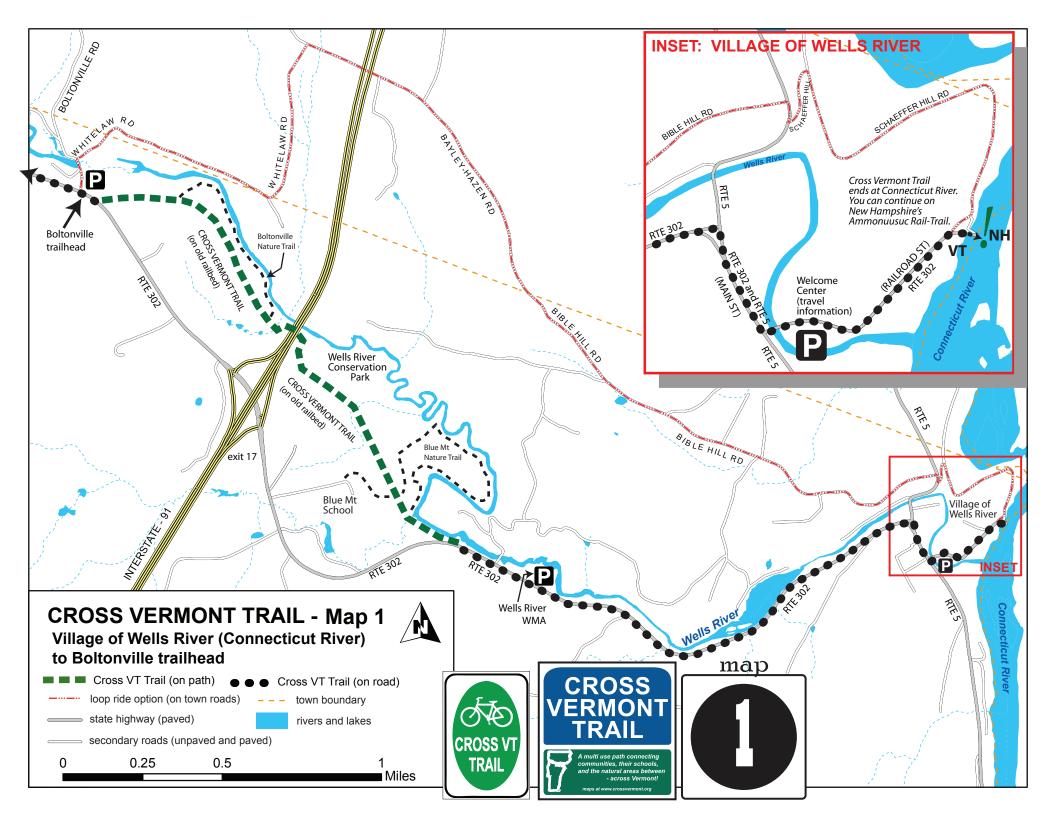
Dogs are asked to behave with the same etiquette as all other trail uses. They should show good manners, be consistent, be prepared to yield, not block the trail, and pass safely. In practice, this means they should be "under immediate control" of the person responsible for them.

ROAD RULES

Crossing Roads. Wait for a break in traffic. Go straight across the road (not on a diagonal). If there is a sign or pavement paint designating a crossing location, use that location. If there is a light controlled "walk signal", follow the signaled instructions.

Walking Along Roads. Use sidewalk if available. If no sidewalk, then walk along the side of the road facing traffic. (Easy to remember, you want to see the cars coming towards you!) Stay to the side, as far out of the traffic lane as practical.

Bicycling On Roads. Bicycles are vehicles, and may ride in the road the same as any vehicle. If you know the rules of the road for cars, then you know the rules of the road for bicycles. Ride with traffic. Always ride on the right side of the road. Ride as far to right as practical. If there is a wide, smooth shoulder, you may be outside of the automobile travel lane. More often the shoulder is too narrow (or too rough) to allow this. In which case it is safer to ride within the regular lane of traffic (though still on the right hand side). It is legal to ride two abreast as long as you are not blocking other traffic. Be predictable. Drive your bicycle in a smooth and predictable manner. Use hand signals to indicate turns. Obey all traffic laws. Bicycles have the same rights and responsibilities as any vehicle and must obey all traffic laws, including stop signs and traffic signals.



Map 1

Village of Wells River (Connecticut River) to Boltonville trailhead





Cross Vermont Trail cue sheet

type srfc

Map 1

at mile

0.00

0.03 0.16 0.75 0.90 1.52 1.58 1.78 1.81 2.16 3.58 3.69 3.73

Boltonville trailhead to Village of Wells River (Connecticut River)

go	for	on	type	srfc	at mile	go	for	on
S	0.33	Rte 302; head west; this is east end of Cross Vt Trail statewide route at Connecticut River, Rte 302 bridge to NH, Village of Wells River	р	pe	0.00	L	1.81	Cross Vt Trail on old railbed (Boltonville trailhead)
	•	Tourist Information Center; parking	road	paved	0.29		•	gate; parking
R	0.11	Rte 302/5	Î		0.33		•	pass west jct Boltonville Nature Trail (loop)
L	1.77	Rte 302	Î		0.44		•	pass east jct Boltonville Nature Trail (loop)
	•	Wells River Wildlife Area; river access, picnic, parking.	ľ		1.86		•	underpass beneath I-91
R	1.81	Cross Vt Trail on old railbed			2.21		•	pass west jct Blue Mt Nature Trail (loop) on north side and jct trail to Blue Mt Union School south
	•	gate; parking (limited)			2.24		•	pass east jct Blue Mt Nature Trail (loop).
	•	pass east jct Blue Mt Nature Trail (loop).			2.44		•	gate; parking (limited)
	•	pass west jct Blue Mt Nature Trail (loop) on north side and jct trail to Blue Mt Union School south			2.5	L	1.77	Rte 302
	•	underpass beneath I-91	ie E	vel	3.12		•	Wells River Wildlife Area; river access, picnic, parking.
	•	pass east jct Boltonville Nature Trail (loop)	trail	gravel	3.27	R	0.11	Rte 302/5
	•	pass west jct Boltonville Nature Trail (loop)			3.86	L	0.33	Rte 302
	•	gate; parking			3.99		•	Tourist Information Center; parking
	•	jct with Rte 302 (Boltonville trailhead)			4.02		•	east end of Cross Vt Trail statewide route at Connecticut River, Rte 302 bridge to NH, Village of Wells River

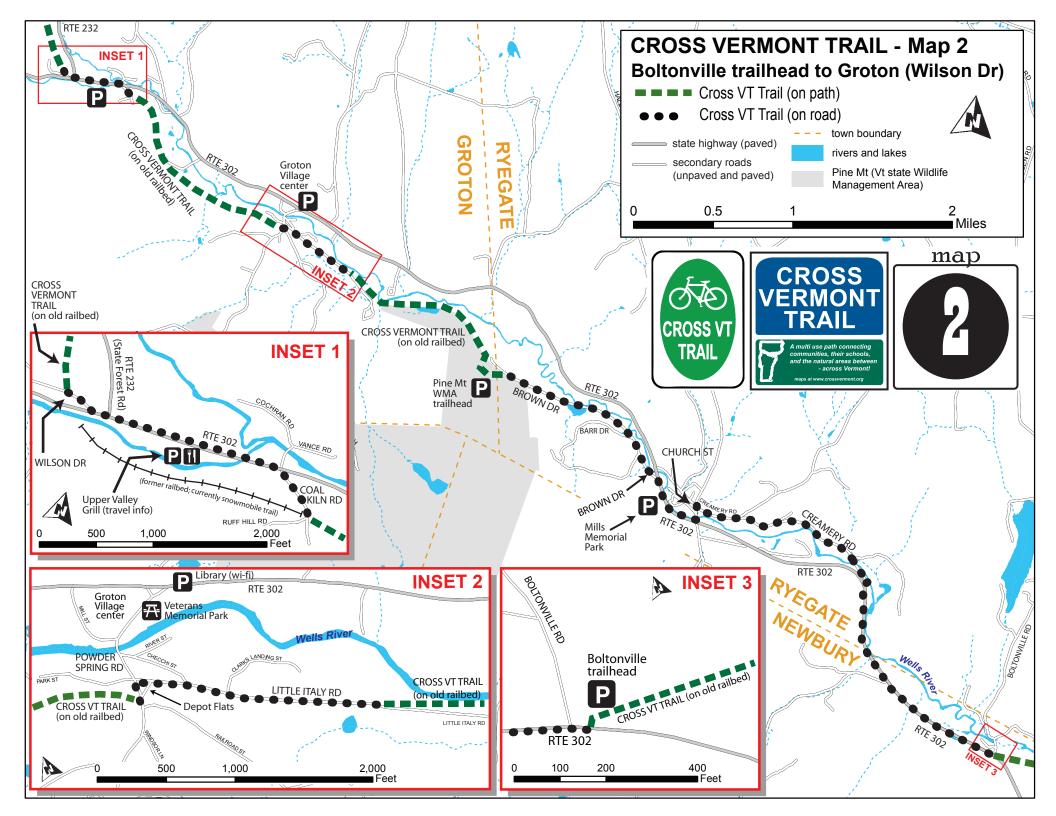
total miles from Connecticut River:

4.02

total miles from Lake Champlain:

91.22

4.02



Map 2

Boltonville trailhead to Groton (Wilson Dr)





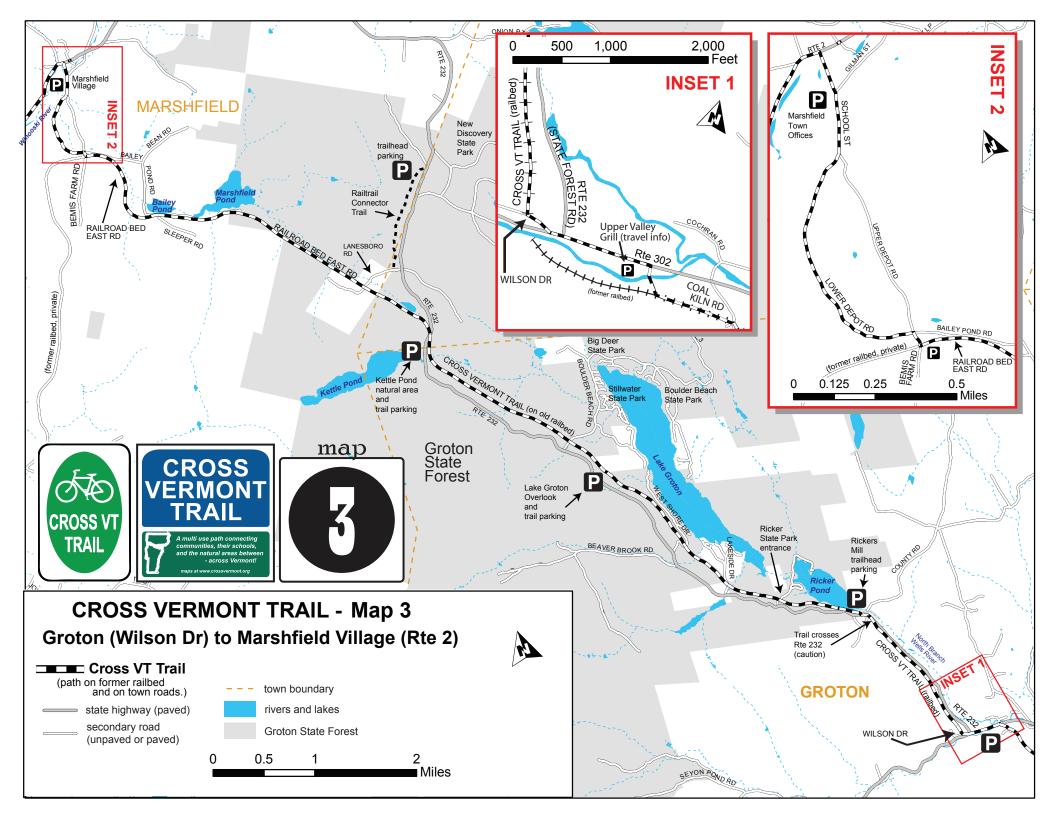
Cross Vermont Trail cue sheet

Map 2

Groton (Wilson Dr) to Boltonville trailhead

go	for	on	type	srfc	at mile	go	for	on	type	srfc	at mile
R	1.55	Rte 302 at Boltonville Trailhead, parking			0.00	L	0.23	Rte 302 at Wilson Dr	road	paved	0.00
	•	Newbury/Ryegate town line			1.20	R	0.03	Cross Vt Trail across Hatch Bridge shared with snowmobile trail			0.23
R	1.35	Creamery Rd		pə	1.55	L	0.17	Cross Vt Trail on old railbed (spur trail to right on railbed runs 0.24 mi to dead end at ruins of historic railroad bridge and Wells River view.)	lie	vel	0.26
L	0.10	Church St		paved	2.90	S	1.40	at Coal Kiln Rd, continue straight on Cross Vt Trail on old railbed	trail	gravel	0.43
R	0.42	Rte 302	road		3.00	s	0.12	at Powder Spring Rd continue straight on Cross Vt Trail around old Depot building (now private residence). Groton Village center 0.16 mi north, parking			1.83
	•	pass Mills Memorial Field; parking, baseball			3.21	S	0.03	at Little Italy Rd continue straight across to Clarks Landing Rd	road	paved	1.95
L	0.33	Brown Dr (road is on old railbed)			3.42	R	0.25	Cross Vt Trail through Groton Gateway Park gravel road (Park is new. Look for improvements to be developed over time.)			1.98
R	1.10	Brown Dr pass Barr Dr			3.75	L	1.24	Cross Vt Trail on old railbed (at intersection of railbed and Little Italy Rd) Trailhead parking.	trail		2.23
L	0.07	Pine Mt Wildlife Area parking lot and trailhead pass farm buildings on north side, pass trail to wildlife area on south		gravel	4.85	R	0.07	Pine Mt Wildlife Area parking lot and trailhead pass farm buildings on north side, pass trail to wildlife area on south		gravel	3.47
L	1.24	Cross Vt Trail on old railbed	trail		4.92	R	1.10	Brown Dr (road is on old railbed)			3.54
R	0.25	at jct with Little Italy Rd, turn right onto Cross Vt Trail through Groton Gateway Park gravel road (Park is new. Look for improvements to be developed over time.) Trailhead parking.	tr		6.16	L	0.33	Brown Dr pass Barr Dr			4.64
L	0.03	Clarks Landing Rd	road	paved	6.41	R	0.42	Rte 302			4.97
S	0.12	at Little Italy Rd continue straight on Cross Vt Trail around old Depot building (now private residence).			6.44		•	pass Mills Memorial Field; parking, baseball			5.18
s	1.40	at Powder Spring Rd, continue straight on Cross Vt Trail on old railbed. Groton Village center 0.16 mi north, parking	_	-	6.56	L	0.10	Church St	road	_	5.39
s	0.17	at Coal Kiln Rd, continue straight on Cross Vt Trail on old railbed	trail	gravel	7.96	R	1.35	Creamery Rd		paved	5.49
R	0.03	Cross Vt Trail across Hatch Bridge shared with snowmobile trail. (Spur trail to left on railbed runs 0.24 mi to dead end at ruins of historic railroad bridge and Wells River view.)			8.13	L	1.55	Rte 302			6.84
L	0.23	Rte 302	ad	pe	8.16		•	Newbury/Ryegate town line			7.19
	•	Wilson Drive; Cross Vt Trail climbs from Rte 302 to old railbed on this shared road (private drive)	road	paved	8.39		•	Cross Vt Trail on old railbed (Boltonville Trailhead)			8.39

total miles from Connecticut River:



Groton (Wilson Dr) to Marshfield Village (Rte 2)

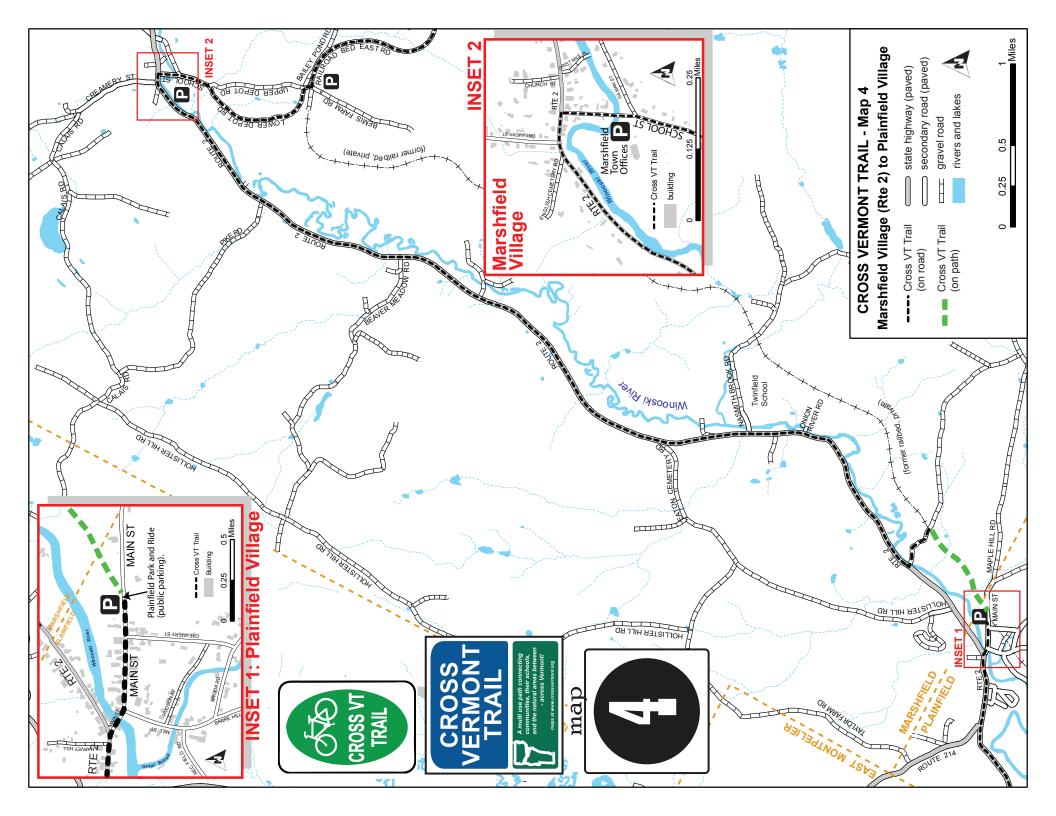




Cross Vermont Trail cue sheet

Map 3
Marshfield Village (Rte 2) to
Groton (Wilson Dr)

go	for	on	type	srfc	at mile	go	for	on	type	srfc	at mile
R	0.02	Wilson Dr	road	<u>-</u>	0.00	R	0.25	School St		paved	0.00
R	1.54	Cross Vt Trail on old railbed	iie	gravel	0.02		•	Marshfield Town Offices; parking, library, playground		ba	0.13
	•	snowmobile trail joins railbed from right	trail		0.12	R	0.88	Lower Depot Rd			0.25
L	0.03	Rte 232 short distance on road to connect to where railtrail continues on far side	road	paved	1.56	R	0.01	Bemis Farm Rd	road		1.13
R	6.50	Cross Vt Trail near residential drive, bear right off road onto grassy path to where rail trail resumes at trailhead parking			1.59	L	1.12	Railroad Bed East Rd on old railbed, trailhead parking	ro		1.14
	•	pass residence; trail intersection with Rte 2 near driveway entrance			1.6	s	2.39	Railroad Bed East Rd pass Bailey Pond Rd on north side; parking (limited)			2.26
	•	pass jct with snowmobile trail (across bridge to right)			1.62		٠	pass Marshfield Pond			2.67
	•	Groton State Forest entrance, information kiosks; parking; Ricker Pond access, dam and mill ruins			1.66	s	6.50	Railroad Bed East Rd on old railbed; pass Lanesboro Rd which leads 0.33 mi north to Rail Trail Connector Trail, another 0.9 mi to parking at Rte 232			4.65
	•	Ricker Pond; headwaters of North Branch Wells River			1.68		•	Peacham/Marshfield town line		4	4.83
	•	go around gate at boundary of Ricker Pond State Park campground			1.89		•	cross Rte 232; Winooski RIver Watershed to west, Wells River Watershed to east			5.53
	•	pass entrance station to campground; continue straight on Cross Vt Trail (railbed)			2.57		•	Groton/Peacham town line		4	5.74
	•	pass spur trail on right, 0.34 mi to Lake Groton access and loop trail along Wells River	_		2.6		•	bridge over Stillwater Brook		4:::::	6.59
	•	pass Cross Cut Trail on south side; four season multi use trail; connects to Depot Brook Trail	trail		2.92		•	pass spur trail on right, 400 ft. to parking at Kettle Pond			6.60
	•	cross Depot Brook and then Lakeside Dr (pass remains of old Lakeside Depot)			3.06		•	pass spur trail on left, Water Line Trail, 0.6 mi to Still Water State Park campground		gravel	7.19
	•	pass Beaver Brook trail on south side; four season multi use trail; connects to Silver Ledge Trail			3.4		•	cross Boulder Beach Rd		Б	7.45
	•	cross West Shore Dr		vel	3.66		٠	pass spur trail on right, climbs steeply 0.16 mi to scenic overlook, and trailhead parking area on Rte 232		4	7.93
	•	pass spur trail on left, climbs steeply 0.16 mi to scenic overlook, and trailhead parking area on Rte 232		gravel	4.81		•	cross West Shore Dr	=	4	9.08
	•	cross Boulder Beach Rd			5.29		•	pass Beaver Brook trail on right side; four season multi use trail; connects to Silver Ledge Trail	trail	4	9.34
	•	pass spur trail on right, Water Line Trail, 0.6 mi to Still Water State Park campground	-		5.55		•	cross Depot Brook and then Lakeside Dr (pass remains of old Lakeside Depot)		4	9.68
	•	pass spur trail on left, 400 ft. to parking at Kettle Pond			6.14		٠	pass Cross Cut Trail on right side; four season multi use trail; connects to Depot Brook Trail	ı	4	9.82
	•	bridge over Stillwater Brook			6.15		•	pass spur trail on left, 0.34 mi to Lake Groton access and loop trail along Wells River		4:::::	10.14
	•	Groton/Peacham town line			7		•	pass entrance station to campground; continue straight on Cross Vt Trail (railbed)		4	10.17
	•	cross Rte 232; Winooski RIver Watershed to west, Wells River Watershed to east			7.21		•	go around gate at boundary of Ricker Pond State Park campground		4	10.85
	•	Peacham/Marshfield town line			7.91		•	Ricker Pond; headwaters of North Branch Wells River		4	11.06
s	2.39	Railroad Bed East Rd on old railbed; pass Lanesboro Rd which leads 0.33 mi north to Rail Trail Connector Trail, another 0.9 mi to parking at Rte 232			8.09		•	Groton State Forest southern boundary, information kiosks; parking; Ricker Pond access, dam and mill ruins. Trail continues ahead on grassy path.			11.08
	•	pass Marshfield Pond			10.07		•	pass jct with snowmobile trail (across bridge to left)		4	11.12
L	1.12	Railroad Bed East Rd; pass Bailey Pond Rd on north side; parking (limited)			10.48		•	pass residence; trail intersection with Rte 2 near driveway entrance			11.14
R	0.01	Bemis Farm Rd trailhead parking	road		11.60	L	0.03	Rte 232 short distance on road to connect to where railtrail continues on far side	road	paved	11.15
L	0.88	Lower Depot Rd			11.61	R	1.54	Cross Vt Trail on old railbed	_		11.18
S	0.25	School St		ğ	12.49		•	snowmobile trail separates from railbed to left	trail	avel	12.62
	•	Marshfield Town Offices; parking, library, playground		paved	12.61	L	0.02	Wilson Dr	road	gr	12.72
	•	jct Rte 2			12.74		•	jct Rte 302	2		12.74



Map 4

Marshfield Village (Rte 2) to Plainfield Village





Cross Vermont Trail cue sheet

Map 4

Plainfield Village to Marshfield Village (Rte 2)

go	for	on	type	srfc	at mile
L	6.24	Rte 2	ad	paved	0.00
L	0.27	John Fowler Rd	road	gravel	6.24
R	0.64	Cross Vt Trail on old railbed	=		6.51
	•	Plainfield/Marshfield town line	trail	dirt	
R	0.25	0.25 Main St, Plainfield at Park & Ride, trailhead parking		paved	7.15
	Intersection of Main St and Rte 2 in Plainfield Village		road	ď	7.40

go	for	on	type	srfc	at mile
R	0.25	Main St, Plainfield turn right off of Rte 2 and follow Main St through village center	road	paved	0.00
L	0.64	Cross Vt Trail on old railbed at Park &		dirt	0.25
	•	Plainfield/Marshfield town line	trail	р	0.33
L	0.27	John Fowler Rd	-	gravel	0.89
R	6.24	Rte 2	road	paved	1.16
	•	Intersection Rte 2 and School St in Marshfield Village		ď	7.40

total miles from Connecticut River:

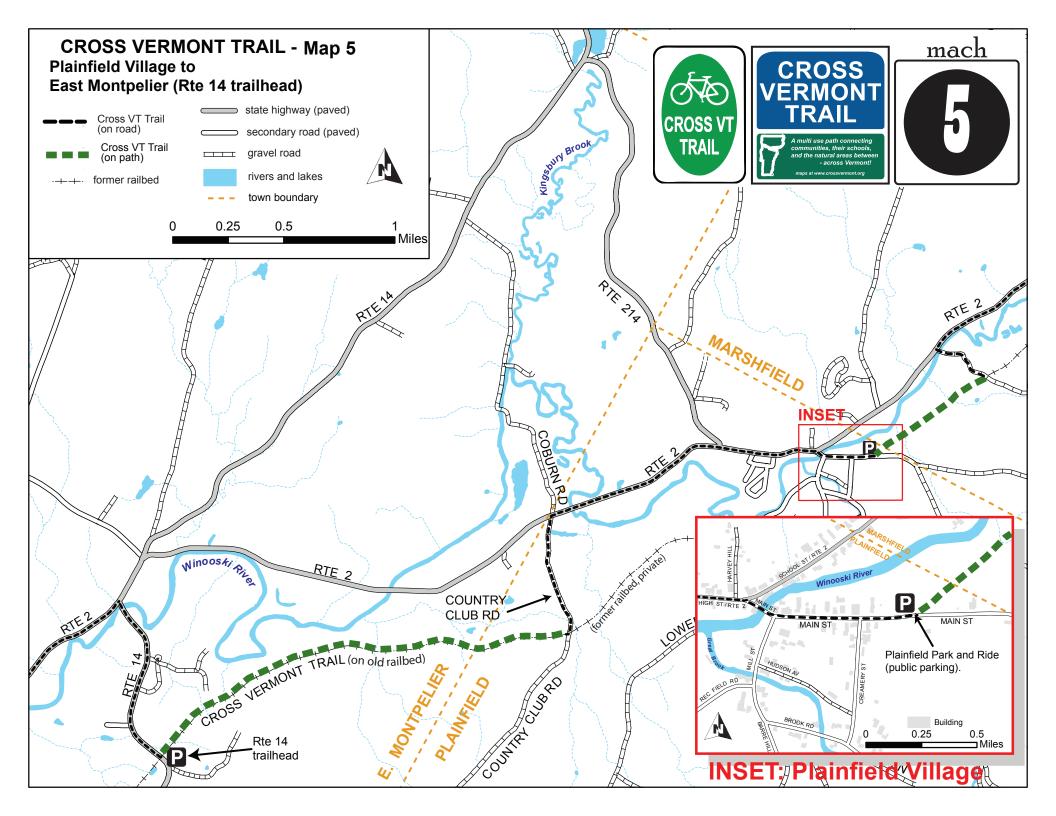
32.55

total miles from Lake Champlain:

66.07

S = straight, go forward L = left, bear or turn left R = right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)

You can help build more trail! www.crossvermont.org 802-498-0079



Map 5

Plainfield Village to East Montpelier (Rte 14 trailhead)





Cross Vermont Trail cue sheet

Map 5

East Montpelier (Rte 14 trailhead) to Plainfield Village

go	for	on	type	srfc	at mile
L	1.36	Rte 2	road	paved	0
L	0.58	Country Club Rd			1.36
R	0.21	Cross Vt Trail on old railbed; shared with residential drive			1.94
S	1.93	Cross Vt Trail on old railbed	ail	gravel	2.15
	•	Plainfield/East Montpelier town line	trail	ō	2.38
	•	snowmobile trail joins from south of railbed, at utility line, Cross Vermont Trail continues straight shared with snowmobiles			3.08
	•	Rte 14 trailhead, parking			4.08

go	for	on	type	srfc	at mile
L	1.93	Cross Vt Trail on old railbed; trailhead parking; shared with snowmobile trail			0.00
	•	snowmobile trail separates to south of railbed, at utility line, Cross Vermont Trail continues straight		-	1.00
	•	Plainfield/East Montpelier town line	trail	gravel	1.70
S	0.21	Cross Vt Trail on old railbed shared with residential drive			1.93
L	0.58	Country Club Rd			2.14
R	1.36	Rte 2		paved	2.72
	•	Rte 2 intersection with Main St, Plainfield Village		ď	4.08

total miles from Connecticut River:

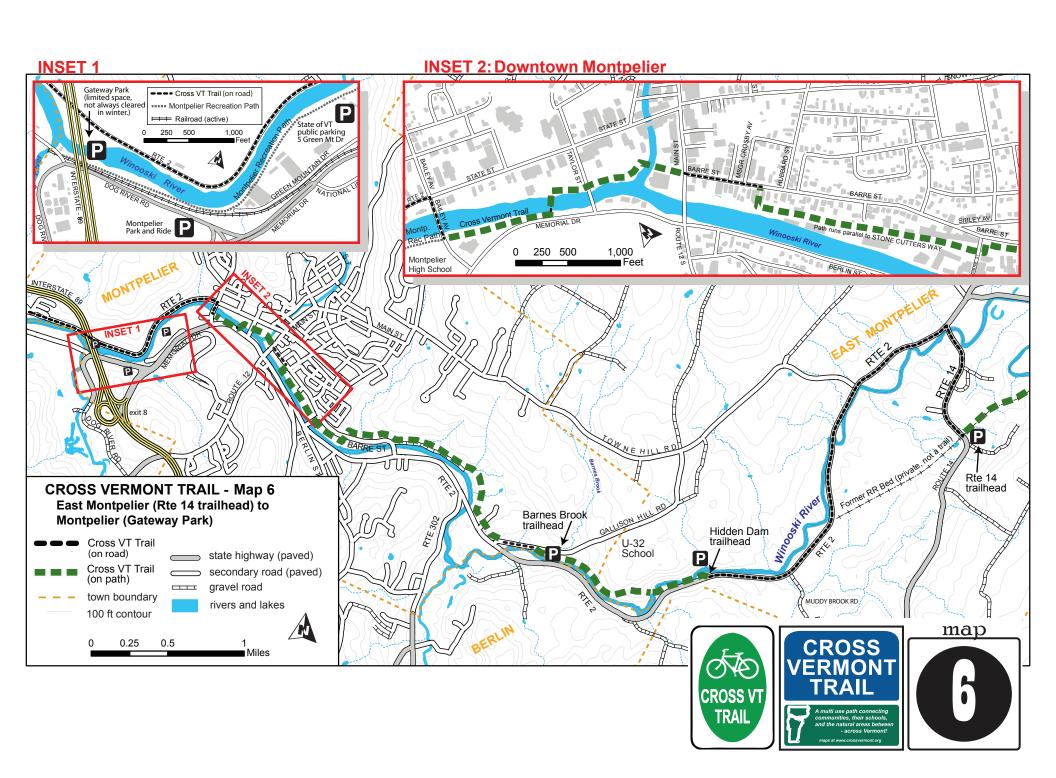
36.63

total miles from Lake Champlain:

58 67

S = straight, go forward L = left, bear or turn left R = right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)

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Map 6

East Montpelier (Rte 14 trailhead) to Montpelier (Gateway Park)





Cross Vermont Trail cue sheet

type srfc

trail

Map 6

0.00

1.01

1.09

1.38

1.58

1.77

2.19

2.75 2.98

3.28

3.86

4.17

4.24

4.55

5.64 5.67

8.42

paved

road

trail

road

Montpelier (Gateway Park) to East Montpelier (Rte 14 trailhead)

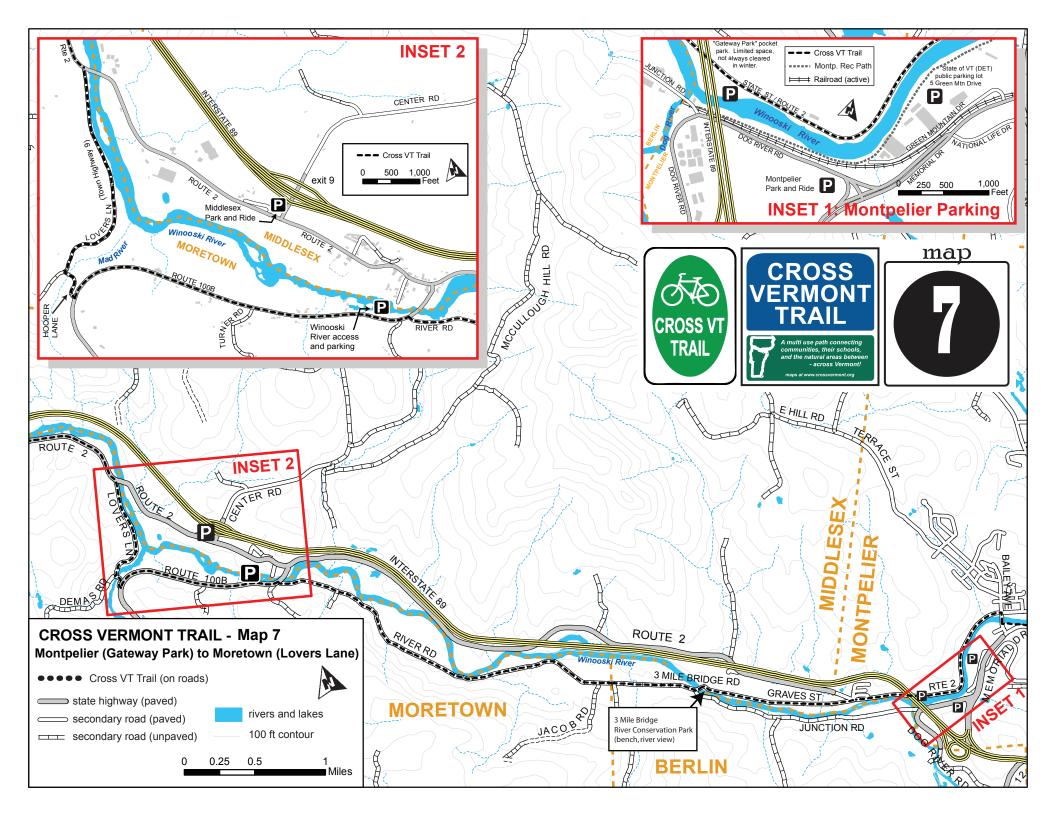
go	for	on	type		at mile	go	for	on
R	0.82	Rte 14 at trailhead parking	oad	paved	0.00	S	1.01	Rte 2 Gateway Park; Winooski River access; parking
L	2.75	Rte 2	10	рал	0.82	R	0.08	Bailey Ave
R	0.03	Hidden Dam Parking, entrance to trail			3.57	L	0.29	Montpelier Bike Path along Winooski River
L	1.09	Cross Vermont Trail on path in woods			3.60	S	0.20	Taylor St. Cross Taylor St and continue on bike path
R	0.38	Cross Vermont Trail on old railbed (Powerplant Road) shared with utility company vehicle traffic	trail	gravel	4.69	s	0.16	Main St Cross Main St to separated bike lane along Barre St
	•	trailhead parking			5.00	R	0.03	Montpelier Bike Path pass beside municipal gym
L	0.31	Gallison Hill Rd continue on bike lane along road	road	paved	5.07	L	0.42	Montpelier Bike Path along Stonecutters Way
s	0.58	Montpelier Bike Path bear right just before intersection of Gallison Hill Rd and Rte 2			5.38	s	0.56	Granite St Cross Granite St and continue on Bike Path
S	0.53	Country Club Rd gravel road converted to bike path		gravel	5.96	L	0.53	Country Club Rd gravel road converted to bike path
	•	parking, start of section shared with vehicle access		gra	6.26		•	parking, end of vehicle access
R	0.56	Montpelier Bike Path at intersection Country Club Rd and Barre St bear right onto bike path alongside Barre St			6.49	s	0.58	Montpelier Bike Path end of gravel road, start paved bike path beside railroad
s	0.42	Granite St. Cross Granite St and continue on bike path along Stonecutters Way	trail		7.05	S	0.31	Gallison Hill Rd continue on bike lane along road
R	0.03	Montpelier Bike Path pass beside municipal gym		<u> </u>	7.47	R	0.38	Cross Vermont Trail on old railbed (Powerplant Road)
L	0.16	Barre St separated bike lane		paved	7.50		•	trailhead parking, end of vehicle access by public (utility company vehicles share the railbed ahead)
S	0.20	Main St. Cross Main St and continue on bike path			7.66	L	1.09	Cross Vermont Trail on path in woods
s	0.29	Taylor St. Cross Taylor St and continue on bike path along Winooski River			7.86	R	0.03	Spur trail to Hidden Dam Parking, and intersection with Route 2
R	0.08	Bailey Ave			8.15	L	2.75	Rte 2
L	1.01	Rte 2	road		8.23	L	0.82	Rte 14
	•	Rte 2 Gateway Park; Winooski River access; parking	_		9.24		•	Cross Vt Trail on old railbed; trailhead parking

total miles from Connecticut River:

45.87

total miles from Lake Champlain:

9.24



Map 7

Montpelier (Gateway Park) to Moretown (Lovers Lane)





Cross Vermont Trail cue sheet

Map 7

Moretown (Lovers Lane) to Montpelier (Gateway Park)

go	for	on	type	srfc	at mile
S	0.07	Rte 2 Gateway Park; Winooski River access; parking			0
L	0.90	Graves St			0.07
	•	Montpelier/Middlesex town line; name change Graves St to Three Mile Bridge Rd		paved	0.26
	•	River Conservation Park, picnic, bench		ď	0.91
	•	historic steel arch truss bridge over Winooski River; Middlesex/ Berlin town line			0.94
R	3.43	3 Mile Bridge Rd pass Junction Rd		d gravel	0.97
	•	Moretown/Berlin town line; name change Three Mile Bridge Rd to River Rd	road		1.57
	•	Road surface changes to paved	_		3.9
L	1.26	Rte 100B		paved	4.40
	•	pass Winooski River access; parking		р	4.43
R	0.09	Hooper Lane			5.66
	•	cross Mad River on bike/ped bridge; Rd name changes to Lovers Lane		gravel	5.74
R	0.83	Lovers Lane turn off of bridge		grē	5.75
	•	jct Rte 2			6.58

go	for	on	type	srfc	at mile
R	0.83	Lovers Lane		4	0.00
L	0.09	Hooper Lane turn onto bridge		gravel	0.83
	•	cross Mad River on bike/ped bridge; Rd name changes to Hooper Lane		ıß	0.84
L	1.26	Rte 100B		paved	0.92
	•	pass Winooski River access; parking			2.15
R	3.43	River Rd		pa	2.18
	•	Road surface changes to gravel	road	gravel	2.68
	•	Moretown/Berlin town line; name change River Rd to Three Mile Bridge Rd			5.01
Г	0.90	Three Mile Bridge Rd pass Junction Rd			5.61
	•	historic steel arch truss bridge over Winooski River; Middlesex/ Berlin town line			5.64
	•	River Conservation Park, picnic, bench		eq	5.67
	•	Montpelier/Middlesex town line; name change Three Mile Bridge Rd to Graves St		paved	6.32
S	0.07	Rte 2			6.51
	•	Rte 2 Gateway Park; Winooski River access; parking			6.58

total miles from Connecticut River:

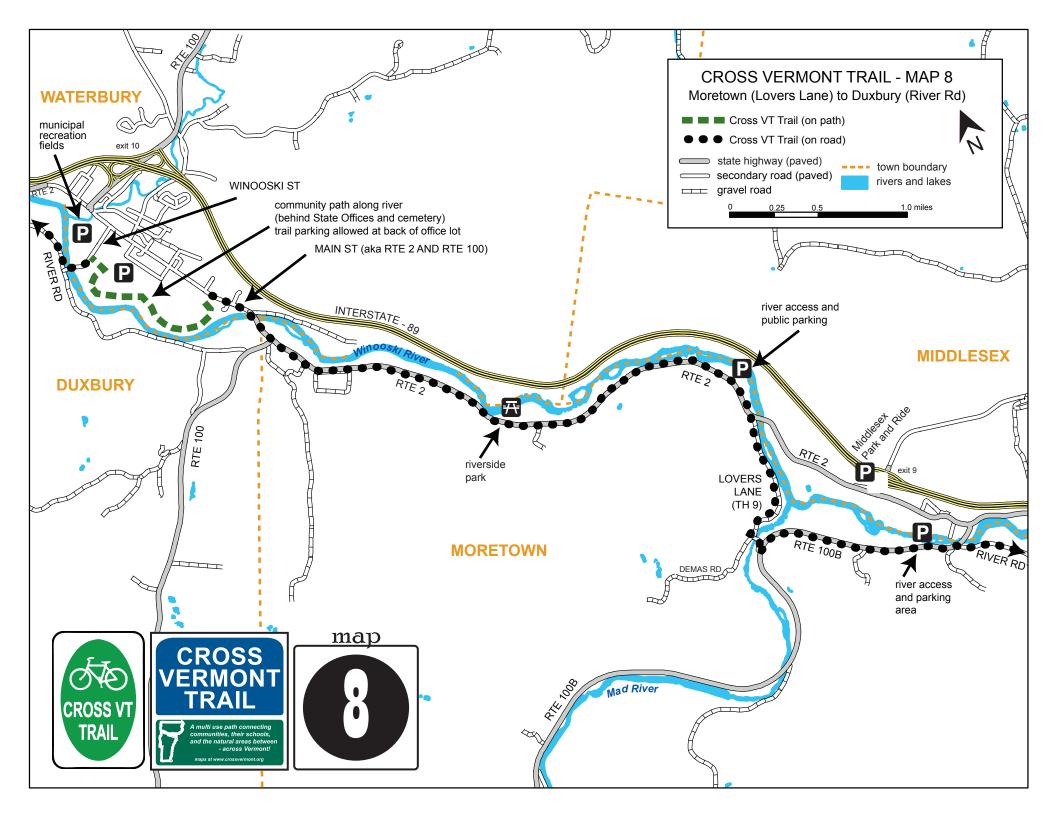
52.45

total miles from Lake Champlain:

45.35

S = straight, go forward **L** = left, bear or turn left **R** = right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)

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Map 8

Moretown (Lovers Lane) to Duxbury (River Rd)





Cross Vermont Trail cue sheet

Map 8

Duxbury (River Rd) to Moretown (Lovers Lane)

go	for	on	type	srfc	at mile
L	3.26	Rte 2			0.00
	•	pass public picnic area on banks of Winooski RIver; parking			1.78
S	0.49	Rte 2/100 pass jct with Rte 100	Ī	_	3.26
	•	highway bridge over Winooski River; Waterbury/Moretown town line	road	paved	3.35
L	0.04	Outer Loop Rd entrance to Vt State Office complex		7	3.75
Г	0.10	immediate left into parking lot and go around to back of buildings			3.79
R	0.49	Cross Vt Trail on grassy path	≔	t	3.89
S	0.49	Cross Vt Trail around farm field	trail	dirt	4.38
L	0.08	Cross Vt Trail on cemetery drive			4.87
L	0.12	Winooski St		d	4.95
	•	pass municipal recreation fields, parking; historic steel arch truss bridge over Winooski River; Duxbury/Waterbury town line;	road	paved	5.04
	•	jct River Rd			5.07

go	for	on	type	srfc	at mile
L	0.12	Winooski St	-	d	0.00
	•	historic steel arch truss bridge over Winooski River; Duxbury/Waterbury town line; pass municipal recreation fields, parking	road	paved	0.03
R	0.08	Cross Vt Trail on cemetery drive			0.12
R	0.49	Cross Vt Trail around farm field	trail	dirt	0.20
s	0.49	Cross Vt Trail on grassy path behind State Office Complex	tr	di	0.69
L	0.10	At end of grassy path, follow parking lot around to front of buildings			1.18
R	0.04	Outer Loop Rd exit from Vt State Office complex			1.28
R	0.49	Rte 2/100	road	paved	1.32
	•	highway bridge over Winooski River; Waterbury/Moretown town line	ro	pav	1.72
S	3.26	Rte 2 pass jct with Rte 100			1.81
	•	pass public picnic area to right, on banks of Winooski RIver; parking			3.29
	•	jct Lovers Lane (TH 9)			5.07

total miles from Connecticut River:

57.52

total miles from Lake Champlain:

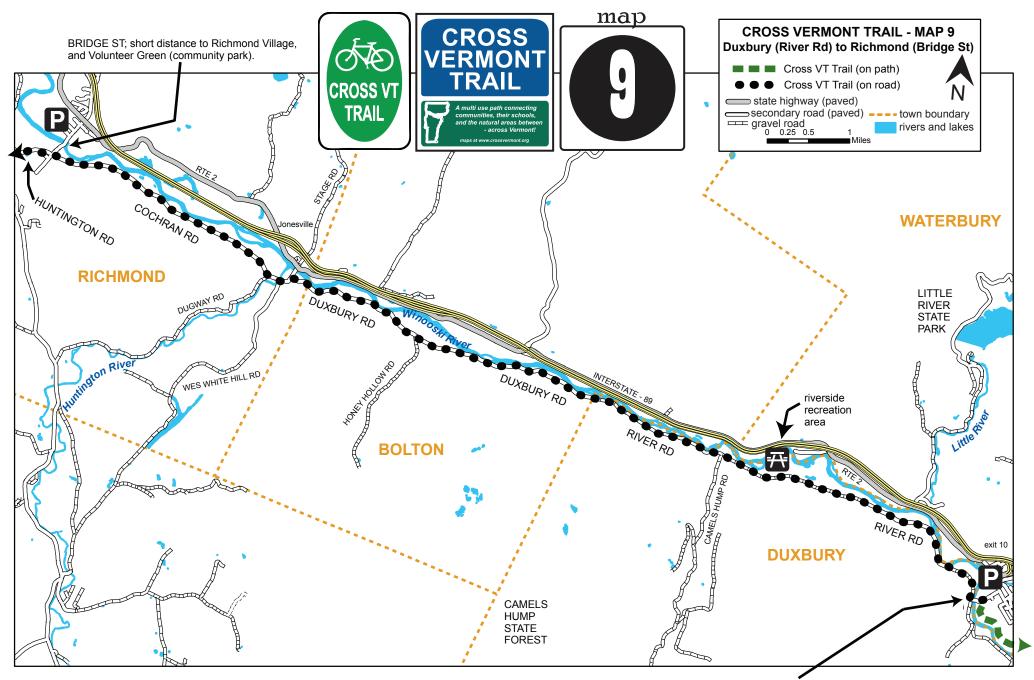
38.77

 $\textbf{S} = \text{straight, go forward} \quad \textbf{L} = \text{left, bear or turn left} \quad \textbf{R} = \text{right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)}$

You can help build more trail! www.crossvermont.org 802-498-0079

 ${f S}=$ straight, go forward ${f L}=$ left, bear or turn left ${f R}=$ right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)

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WINOOSKI ST; bridge over river to Waterbury Village. Pass community recreation fields. Path along river behind cemetery and State offices.

Map 9

Duxbury (River Rd) to Richmond (Bridge St)





Cross Vermont Trail cue sheet

Map 9

Richmond (Bridge St) to Duxbury (River Rd)

go	for	on	type	srfc	at mile	go	for	
R	10.08	River Rd		paved	0.00	S	3.60	pass jct with Bridge Volunteer Green, parki Cochran Rd to Hunting
	•	road surface changes to gravel			1.78		•	pass west jct Rivershore Trail (lo
	•	DeForge Hydroelectric Station Recreation Area; parking, picnic, view of river		gravel	3.04		•	pass east jct Rivershore Trail (lo
	•	pass Camels Hump Road		0)	3.93	R	10.08	Duxbury Rd
	•	road surface changes to paved			5.92		•	Richmond/Bolton town line
	•	Bolton/Duxbury town line; name of road changes from River Road to Duxbury Road	road		6.07		•	pass Honeyhollow trailhead
	•	pass Long Trail trailhead	Ľ		6.78		•	pass Long Trail trailhead
	•	pass Honeyhollow trailhead			7.89		•	Bolton/Duxbury town line; name
	•	Richmond/Bolton town line		paved	9.88		•	road surface changes to gravel
L	3.60	Cochran Rd		ра	10.08		•	pass Camels Hump Rd
	•	pass east jct Rivershore Trail (loop)			11.01		•	DeForge Hydroelectric Station R view of river
	•	pass west jct Rivershore Trail (loop)			13.26		•	road surface changes to paved
	•	pass jct with Bridge Street; name change Cochran Rd to Huntington Rd			13.68		•	jct Winooski St

go	for	on	type	srfc	at mile
S	3.60	pass jct with Bridge Street, 0.25 mi north to Volunteer Green, parking ; name change Cochran Rd to Huntington Rd			0.00
	•	pass west jct Rivershore Trail (loop)			0.42
	•	pass east jct Rivershore Trail (loop)		pa	2.67
R	10.08	Duxbury Rd		paved	3.60
	•	Richmond/Bolton town line			3.80
	•	pass Honeyhollow trailhead	road	-	5.79
	•	pass Long Trail trailhead	LO		6.90
	•	Bolton/Duxbury town line; name change Duxbury Rd to River Rd			7.61
	•	road surface changes to gravel			7.76
	•	pass Camels Hump Rd		gravel	9.75
	•	DeForge Hydroelectric Station Recreation Area; parking, picnic, view of river		ıb	10.64
	•	road surface changes to paved		ed	11.90
	•	jct Winooski St		paved	13.68

total miles from Connecticut River:

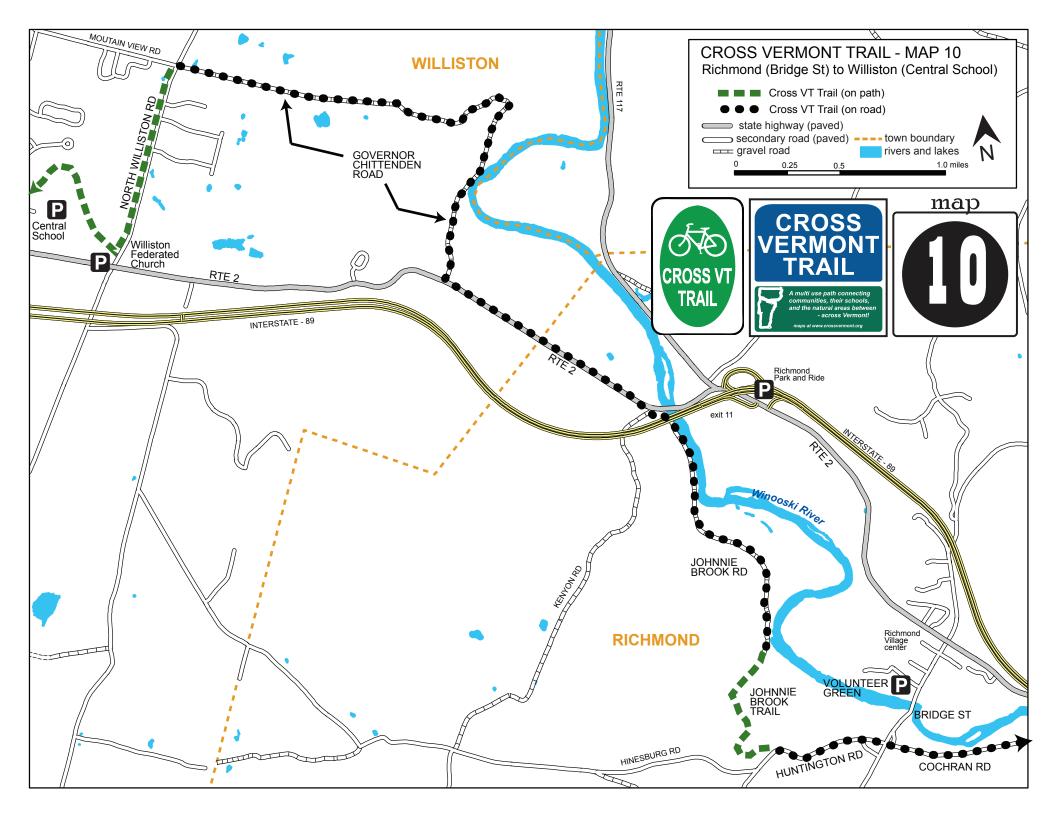
71.2

total miles from Lake Champlain:

33.7

S = straight, go forward L = left, bear or turn left R = right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)

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Map 10

Richmond (Bridge St) to Williston (Central School)





Cross Vermont Trail cue sheet

Map 10

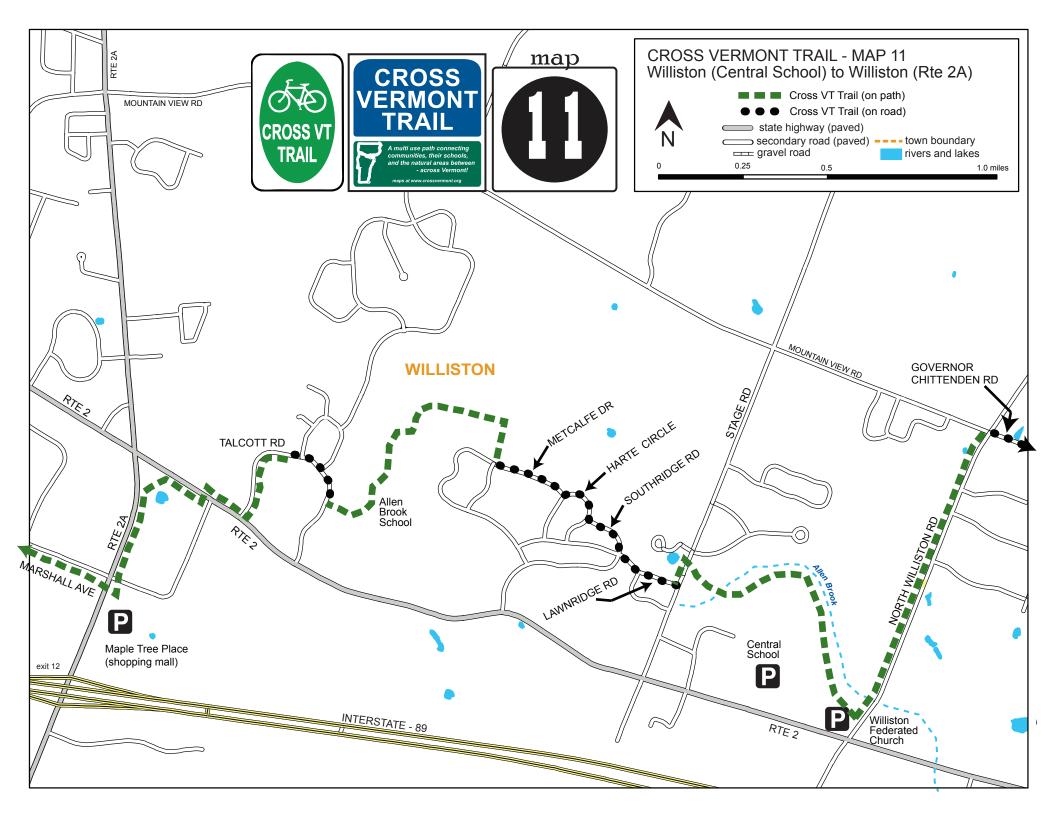
Williston (Central School) to Richmond (Bridge St)

go	for	on	type	srfc	at mile	go	for	for on 1		srfc	at mile			
S	0.53	pass jct with Bridge Street, 0.25 mi north to Volunteer Green, parking ; name change Cochran Rd to Huntington Rd	road	paved	0.00	L	0.99	Williston Bike Path along North Williston Rd parking at Williston Federated Church	trail	paved	0.00			
R	0.05	Cross Vt Trail Johnnie Brook Rd Trail (class IV rd); shared with farm access road		dirt	0.53	R	2.73	Governor Chittenden Rd			0.99			
L	0.16	Cross Vt Trail narrow path; farm rd to right not open to public	trail	0	0.58		•	Governor Chittenden Road surface changes to gravel		el	1.09			
	•	boardwalk	tr	0.72			•	pass entrance to Catamount Family Center trail network		gravel	1.68			
L	0.54	resume shared route with farm road		t	0.74	•	West end Governor Chittenden Road not plowed in winter (snowmobile trail)	road	ວິ	1.97				
	•	bridge over Johnnie Brook		dirt	1.03		•	Governor Chittenden Road bends sharply; pass farm buildings; east end of area area not plowed in winter (snowmobile trail)	2	þ	2.62			
S	1.39	Johnnie Brook Rd maintained as residential street		gravel	1.28	L	1.23	Rte 2		paved	3.72			
R	0.02	Kenyon Rd		5	2.67		•	Williston/Richmond town line			4.22			
L	1.23	Rte 2		paved	2.69	R	0.02	Kenyon Rd		gravel	4.95			
	•	Williston/Richmond town line	1		'		pav	3.42	L	1.39	Johnnie Brook Rd		gra	4.97
R	2.73	Governor Chittenden Rd	road	gravel		(9000)	s	0.54	Cross Vt Trail on Johnnie Brook Rd Trail (class IV rd)			6.36		
	•	Governor Chittenden Road bends sharply; pass farm buildings; east end of area area not plowed in winter (snowmobile trail)			5.02		•	bridge over Johnnie Brook		dirt	6.61			
	•	West end Governor Chittenden Road not plowed in winter (snowmobile trail)			5.67 R	0.16	Cross Vt Trail bear right onto narow path, farm rd to left not open to public	trail		6.90				
	•	pass entrance to Catamount Family Center trail network			6.06		•	boardwalk			6.92			
	•	road surface changes to paved		pe	6.55	R	0.05	Cross Vt Trail resume sharing with farm road, climb to paved highway		dirt	7.06			
L	0.99	Williston Bike Path along North Williston Rd	trail	paved	6.65	L	0.53	Huntington Rd	road	paved	7.11			
	•	Williston Bike Path in park behind Central School; parking at Williston Federated Church	t	7.64			•	pass jct with Bridge St name change Huntington Rd to Cochran Rd	Ľ	ba	7.64			

total miles from Connecticut River:

78.84

total miles from Lake Champlain:



Map 11

Williston (Central School) to Williston (Rte 2A)





Cross Vermont Trail cue sheet

Map 11

Williston (Rte 2A) to Williston (Central School)

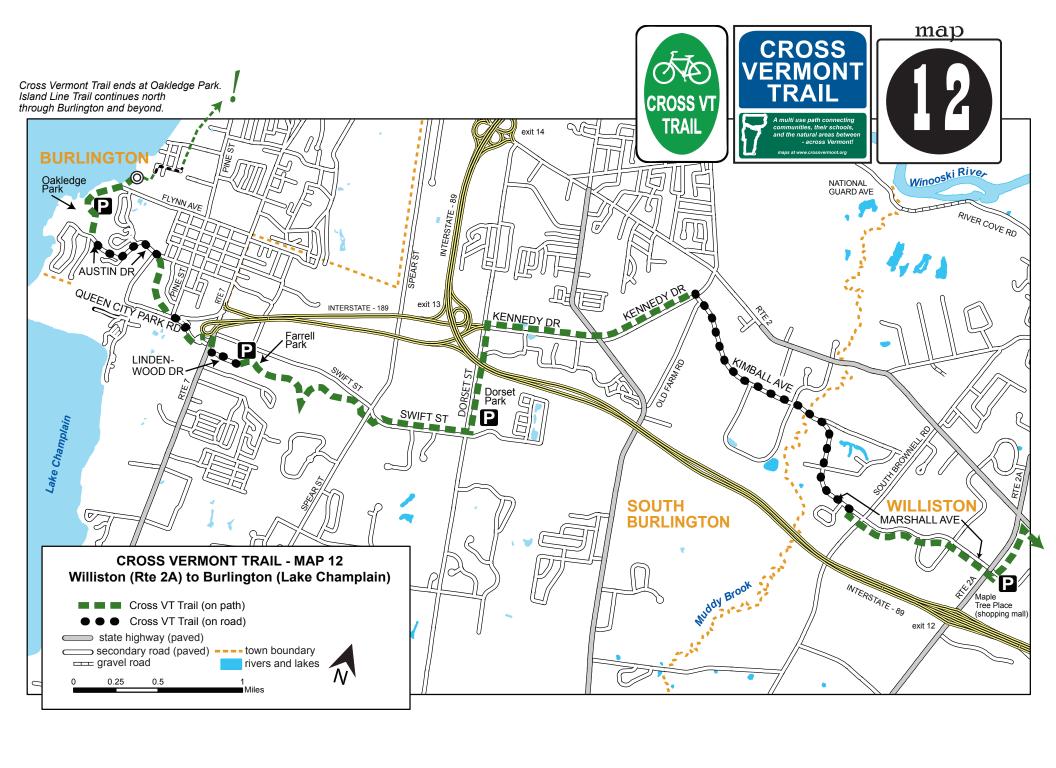
go	for	on	type	srfc	at mile	go	for	on	type	srfc	at mile	
R	0.98	Williston Bike Path in park behind Central School; parking at Williston Federated Church			0.00	L	0.49	Cross Rte 2A at light, follow Williston Bike Path along Rte 2A	=		0.00	
	•	junction east end loop spur to Williston Central School; parking behind school	trail		0.28	path forks and goes around pond, begin follow along Rte 2		trail		0.35		
	•	junction with Allen Brook Nature Trail (side trail)	tr	-	0.38	S	0.11	Cross Rte 2 at light; forward on path			0.49	
	•	junction west end loop spur to Williston Central School				Williston Bike Path along Talcott Rd			0.60			
L	0.04	Williston Bike Path along Stage Rd			0.98		0.18	Talcott Rd ride with traffic	road		0.90	
R	0.22	Lawnwood Dr			1.02	L	0.09	Williston Bike Path towards Allen Brook School			1.08	
R	0.15	Southridge Rd	þ	-	1.24	L	0.11	bike path to side of school building	Ī <u>≡</u>		1.17	
R	0.15	Harte Circle	road		1.39	S	0.51	Williston Bike Path in park behind Allen Brook School	trail		1.28	
R	0.26	Metcalfe Dr			1.54	R	0.04	Williston Bike Path along Coyote Lane			1.79	
R	0.04	Williston Bike Path along Coyote Lane		paved	1.80	L	0.26	Metcalfe Dr		paved	1.83	
L	0.51	Williston Bike Path in park behind Allen Brook School		pa∖	1.84	L	0.15	Harte Circle		paν	2.09	
S	0.11	bear right on bike path around school building	trail		2.35	L	0.15	Southridge Rd	road		2.24	
R	0.09	Williston Bike Path continues past school				2.46	6 L	0.22	Lawnwood Dr			2.39
R	0.18	Talcott Rd	road		2.55	L	0.04	Williston Bike Path along Stage Rd			2.61	
s	0.30	Williston Bike Path along Talcott Rd			2.73	R	0.98	Williston Bike Path in park behind Central School			2.65	
R	0.11	Williston Bike Path along Rte 2	_		3.03		•	junction west end loop spur to Williston Central School	trail		3.05	
S	0.49	Cross Rte 2 at light; forward on path	trail		3.14		•	junction with Allen Brook Nature Trail (side trail)			3.25	
	•	path forks and goes around pond, begins to follow Rte 2A			3.28		•	junction east end loop spur to Williston Central School; parking behind school			3.35	
	•	jct Rte 2A			3.63		•	Williston Bike Path along North Williston Rd parking at Williston Federated Church			3.63	

total miles from Connecticut River:

82.47

total miles from Lake Champlain:

12.38



Cross Vermont Trail *cue sheet*Map 12
Williston (Rte 2A) to
Burlington (Lake Champlain)





Cross Vermont Trail *cue sheet*Map 12

Burlington (Lake Champlain) to

Williston (Rte 2A)

go	for	on	type	srfc	at mile	go	for	on	type	srfc	at mile
R	0.94	Cross Rte 2A at light, follow Williston Bike Path along Marshall Ave	trail		0.00	s	0.39	Burlington Bike Path head east, this is west end of Cross Vt Trail statewide route; City of Burlington, Oakledge Park, Lake Champlain, Blanchard Beach and Earth Clock	lie		0.00
s	1.87	Marshall Ave ride with traffic	road		0.94	L	0.08	Pass jct spur to lakeshore, take hard left and go uphill.	trail		0.39
	•	South Burlington/Williston town line at Muddy Brook Road; name change Marshall Ave to Kimball Ave	ľ		1.76	R	0.14	Skirt south edge of parking lot, follow path across lawn to right.			0.47
L	1.44	South Burlington Bike Path along Kennedy Drive			2.81	L	0.50	Austin Dr	road		0.61
L	0.67	South Burlington Bike Path along Dorset St pass South Burlington H.S.			4.25	R	0.40	Champlain Parkway Path	trail		1.11
R	1.12	South Burlington Bike Path along Swift St pass Dorset Park, parking, walking trails, playing fields	trail		4.92	L	0.25	Queen City Park Rd	road		1.51
	•	cross Spear St			5.54		•	Burlington/South Burlington city line at Potash Brook			1.57
R	0.50	Bike Path hard right towards Farrell Park			6.04	R	0.08	Bear right on bike path to Rte 7			1.76
L	0.17	South Burlington Bike Path through Farrell Park pass parking; jungle gym		-	6.54	R	0.01	Use light controlled pedestrian crossing to cross Rte 7 then turn right along sidewalk	trail	_	1.84
S	0.19	Lindenwood Dr	road	paved	6.71	L	0.19	Lindenwood Dr	road	paved	1.85
R	0.01	sidewalk along Rte 7	trail		6.90	S	0.17	South Burlington Bike Path		Ī	2.04
L	80.0	cross Rte 7 at light and follow bike path	ţ		6.91	S	0.50	Farrell Park pass parking; jungle gym			2.21
S	0.25	Queen City Park Rd	road		6.99	L	1.12	Bike Path hard left at three way intersection, towards Dorset Park	_		2.71
	•	Burlington/South Burlington city line at Potash Brook	_		7.18		•	cross Spear St	trail		3.21
R	0.40	Champlain Parkway Path	trail		7.24	L	0.67	South Burlington Bike Path along Dorset St pass Dorset Park, parking, walking trails, playing fields			3.83
L	0.50	Austin Dr	road		7.64	R	1.44	South Burlington Bike Path along Kennedy Drive pass South Burlington H.S			4.50
R	0.14	Burlington Bike Path south end of Oakledge Park			8.14	R	1.87	Kimball Ave ride with traffic			5.94
L	0.08	Skirt south edge of parking lot, follow path downhill to left.			8.28		•	South Burlington/Williston town line at Muddy Brook Road; name change Kimball Ave to Marshall Ave	road		6.99
R	0.39	Pass jct spur to lakeshore, take hard right and go uphill.	trail		8.36	s	0.94	Williston Bike Path along Marshall Ave	_		7.81
	•	west end of Cross Vt Trail statewide route; City of Burlington, Oakledge Park, Lake Champlain, Blanchard Beach and Earth Clock			8.75		•	Rte 2A	trail		8.75

total miles from Connecticut River:

CROSS VERMONT TRAIL MAPS AND CUE SHEETS

updated: March, 2025

But wait there's more.

1.) Alternate route from Williston to Lake Champlain. "Mouth of River Route".

Alternate route that more closely follows the Winooski River, and highlights a series of parks, nature conserves and trails along the river.

These parks and trails are thanks to Winooski Valley Park District, City of Winooski, City of Burlington, Intervale Center, Burlington Wildways coalition, and many others.

Three maps show the route, and one cue sheet.

(The maps print out on legal size paper.)

These maps start on Cross Vt Trail main route at west edge of Map 10, and then replace completely Maps 11 and 12.

2.) Groton State Forest trail network.

Additional detail and mapping for trails in Groton State Forest which connect to and form loops with the Cross Vt Trail.

Six sheets of information. (Set up to print on 11x17 paper).





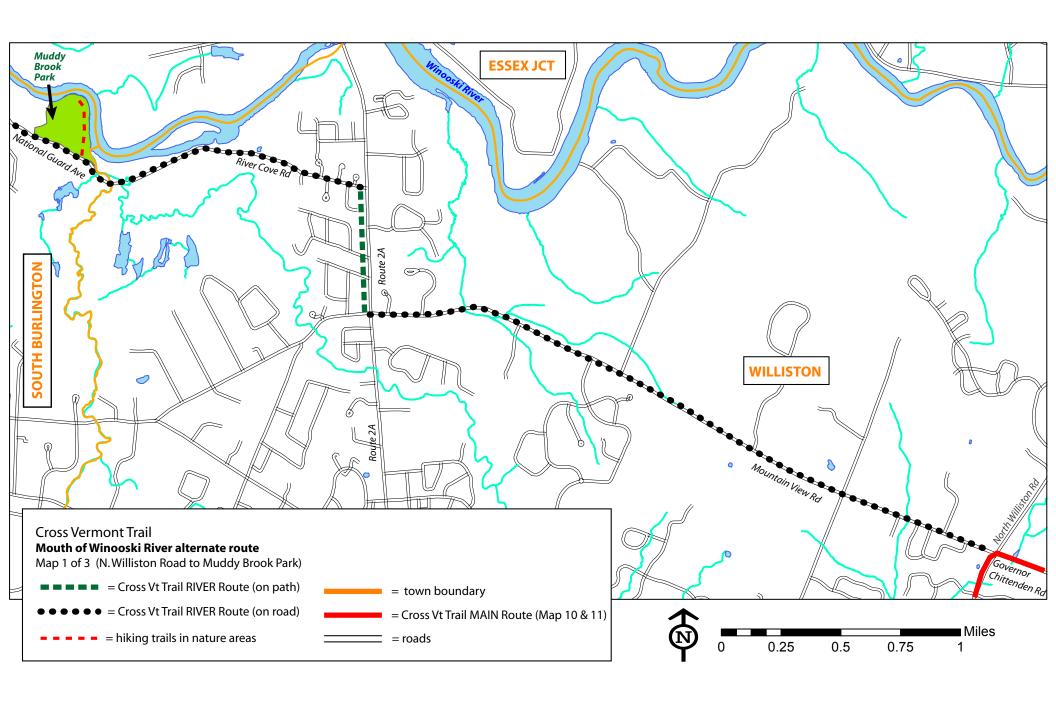


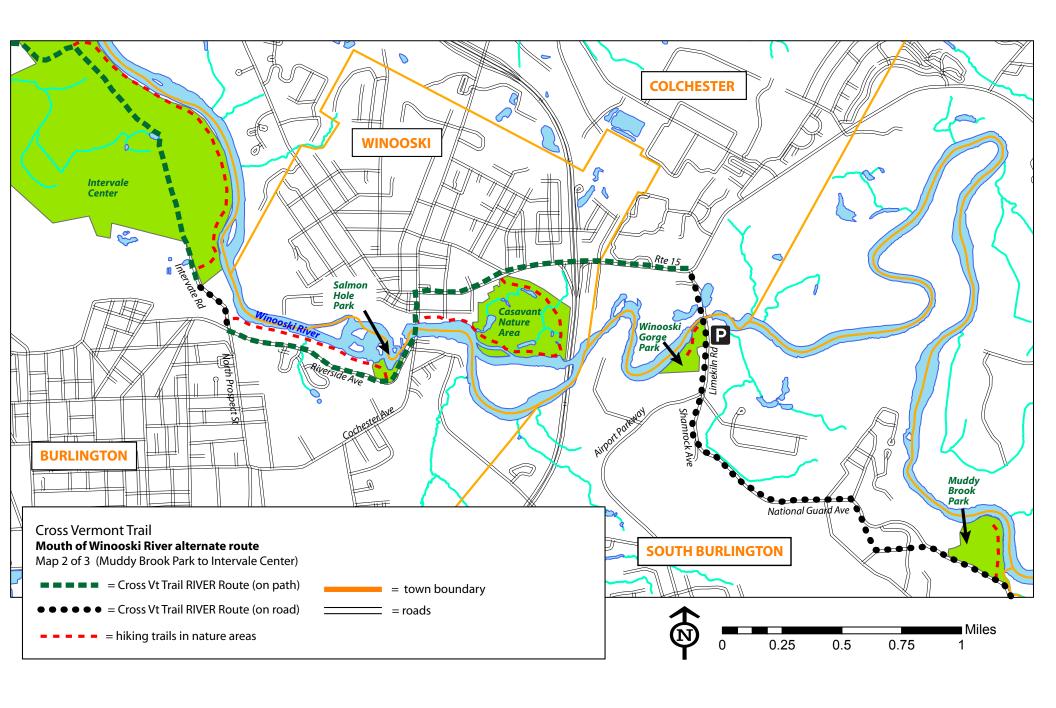
Cross Vermont Trail Association 29 Main Street, Suite 4 Montpelier, VT 05602

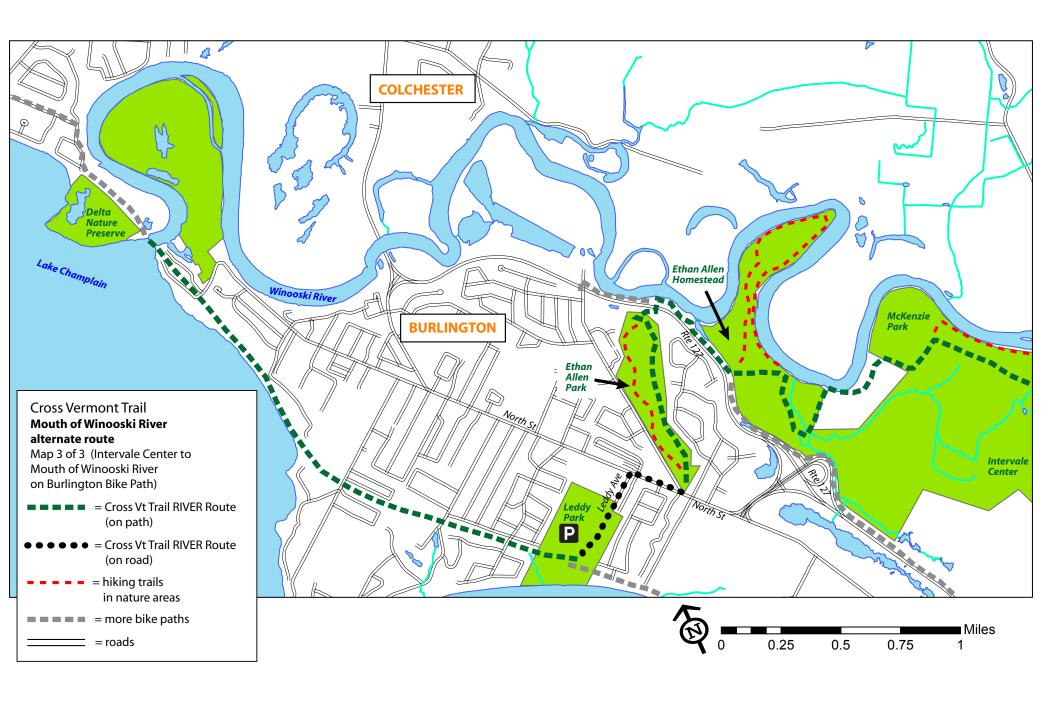
802-498-0079 crossvermont.org

Digital maps, updates, and how to donate at our website:









Cross Vermont Trail cue sheet Mouth of Winooski River alternate route

Map 1 (N. Williston Road to Muddy Brook Park) Map 2 Muddy Brook Park to Intervale Center) Map 3 (Intervale Center to Mouth of Winooski River)



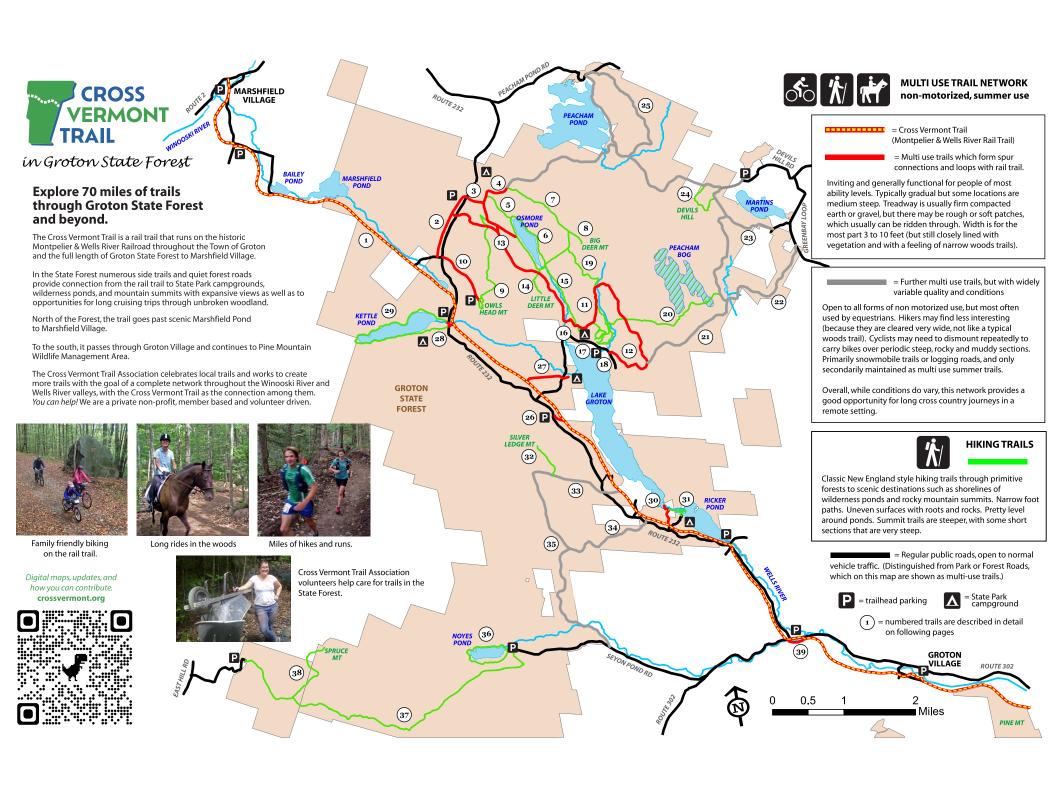
go	for	on	at mile
S	2.85	Mountain View Road Alternate route starts at fourway intersection of Governor Chitteneden Rd, North Williston Rd and Mountain View Rd. This is at mile point 6.65 on XVT main route cue sheet/map #10. Instead of turning left on N. Williston Rd, go straight through intersection.	0.00
R	0.52	Rte 2A (cross road at light, turn right onto bike path that parallels the west side of 2A.)	2.85
L	1.29	River Cove Road	3.37
S	1.74	Williston/South Burlington town line, pass Muddy Brook Park, road name changes to National Guard Ave and then to Shamrock Ave.	4.66
R	0.51	Bear right onto Lime Kiln Rd	6.40
	•	pass Winooski Gorge Natural Area, bridge over Winooski River, South Burlington/Colchester town line	6.69
L	1.16	Rte 15 There is a sidewalk along most of Rte 15, you can ride on the sidewalk or on the road (busy road).	6.91
	•	pass Colchester/Winooski town line	7.34
	•	pass east trailhead for Nature Trail/Riverwalk	7.68
L	0.2	stay on Rte 15 around traffic circle towards bridge over Winooski River	8.07
	•	pass west trailhead for Nature Trail/Riverwalk	8.20
	•	pass Winooski/Burlington city line on bridge	8.25
R	0.93	Riverside Ave Path (beside road)	8.27
	•	pass east trailhead for Salmon Hole Riverwalk	8.28
R	1.4	Intervale Rd	9.20
	•	pass west trailhead for Salmon Hole Riverwalk (loop, hiking only)	9.25
L	1.32	Intervale Path (dirt surface, winds around farm fields)	10.60
	•	pass Ethan Allen Homestead historic site	11.91
R	0.44	Rte 127 path	11.92
L	0.96	Bridge over Rte 127, then paved path through Ethan Allen Park	12.36
R	0.22	North St	13.32
L	0.53	Leddy Park Rd	13.54
R	2.25	Burlington Waterfront Bike Path	14.07
	•	"Mouth of the River" where Winooski River arrives at Lake Champlain, as have you.	16.32

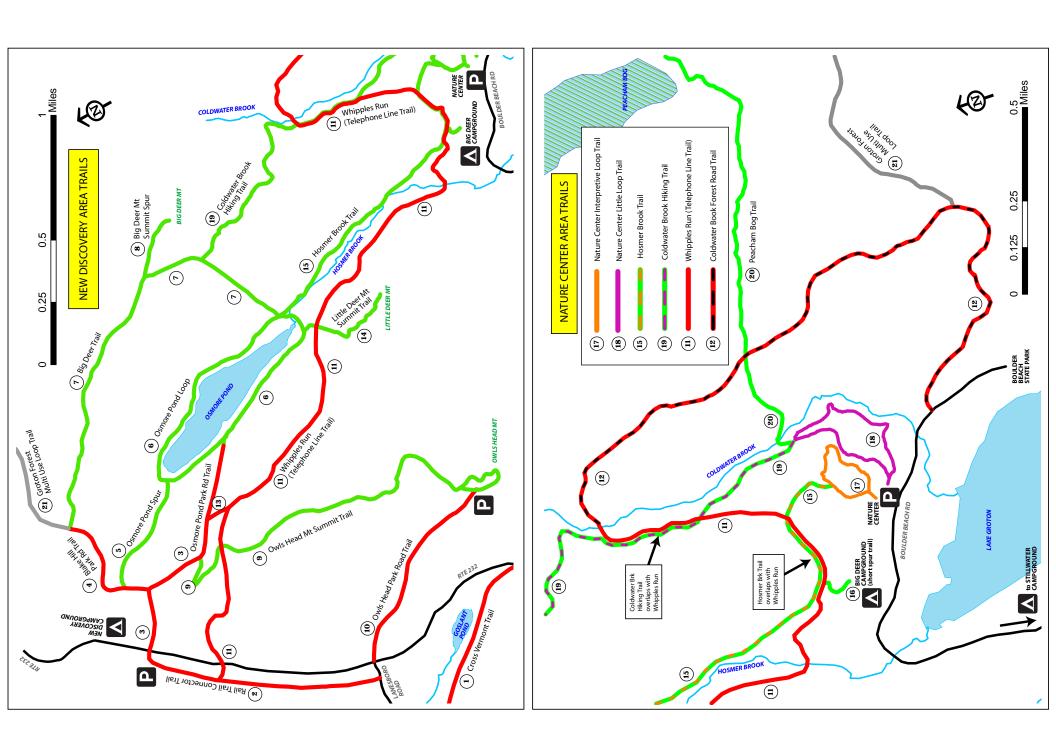


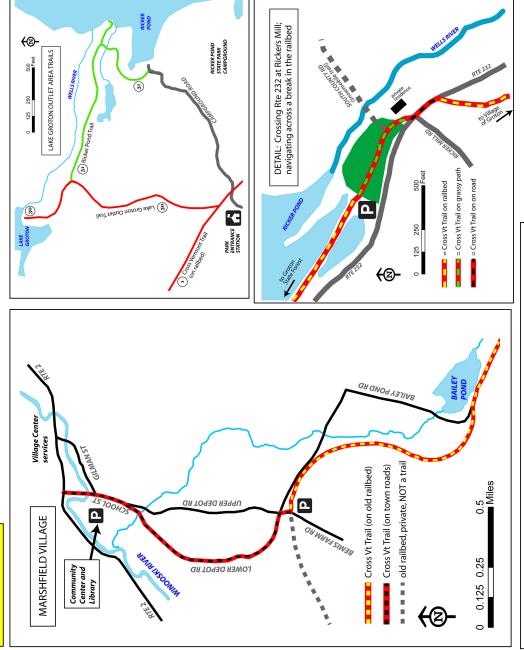
Cross Vermont Trail cue sheet Mouth of Winooski River alternate route

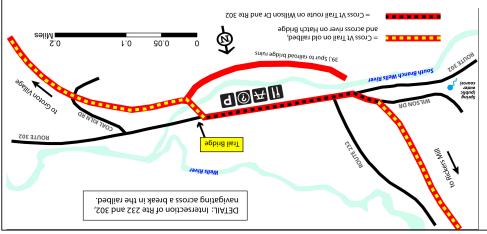
Map 3 (Intervale Center to Mouth of Winooski River) Map 2 (Muddy Brook Park to Intervale Center) Map 1 (N. Williston Road to Muddy Brook Park)

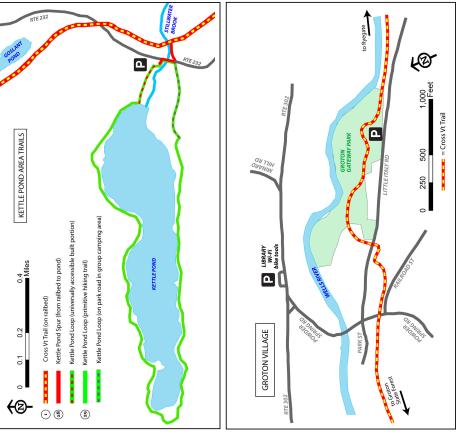
go	for	on	at mile
S	2.25	Burlington Waterfront Bike Path. Starting at the Winooski River where it empties into Lake Champlain, go south on Bike Path.	0.00
L	0.53	Leddy Park Rd	2.25
R	0.22	North St	2.78
L	0.96	paved path through Ethan Allen Park, then bridge over Rte 127	3.00
R	0.44	Rte 127 path	3.96
L	1.32	Intervale Path (dirt surface, winds around farm fields)	4.40
	•	pass Ethan Allen Homestead historic site	4.41
R	1.4	Intervale Rd	5.72
	•	pass west trailhead for Salmon Hole Riverwalk	7.07
L	0.93	Riverside Ave Path (beside road)	7.12
	•	pass east trailhead for Salmon Hole Riverwalk	8.04
L	0.2	Rte 15 over river and through downtown Winooski around traffic circle. There is a sidewalk along most of Rte 15, you can ride on the sidewalk or on the road (busy road).	8.05
	•	pass Winooski/Burlington city line on bridge	8.07
	•	pass west trailhead for Winooski Nature Trail/Riverwalk	8.12
R	1.16	Rte 15 bear right around traffic circle	8.25
	•	pass east trailhead for Winooski Nature Trail/Riverwalk	8.64
	•	pass Colchester/Winooski town line	8.98
R	0.51	Lime Kiln Rd	9.41
	•	pass bridge over Winooski River, South Burlington/Colchester town line, Winooski Gorge Natural Area	9.63
L	1.74	Bear left on Shamrock Ave, which name quickly changes to National Guard Ave.	9.92
S	1.29	Pass Muddy Brook Park; road name changes to River Cove Road at South Burlington/Williston town line.	11.66
R	0.52	Rte 2A (turn right onto bike path that parallels the west side of 2A.)	12.95
L	2.85	Cross Rte 2A at traffic light and proceed on Mountain View Road	13.47
		Governor Chittenden Rd Alternate route ends at fourway intersection of Governor Chitteneden Rd, North Williston Rd and Mountain View Rd. Go straight through intersection to join XVT main route at mile 0.99 on cue sheet/map #10	16.32















From Groton Village to Marshfield Village turn by turn directions

S = straight, go forward L = left, bear or turn left R = right, bear or turn right distances shown in miles (0.01 mile = about 50 feet)



go	for	on	type	srfc	at mile
R	0.25	Groton Cateway Park trailhead and parking. Gravel road (Park is new. Look for improvements to be developed over time.) Trailhead is on Little Italy Rd at intersection of road with old railbed.	trail	gravel	0.00
L	0.03	Clarks Landing Rd	road	paved	0.25
S	0.12	at Little Italy Rd continue straight on Cross Vt Trail around old Depot building (now private residence).			0.28
S	1.40	at Powder Spring Rd, continue straight on Cross Vt Trail on old railbed. Groton Village center 0.16 mi north, parking	=	<u>=</u>	0.40
S	0.17	at Coal Kiln Rd, continue straight on Cross Vt Trail on old railbed	trail	gravel	1.80
R	0.03	Cross Vt Trail across Hatch Bridge shared with snowmobile trail. (Spur trail to left on railbed runs 0.24 mi to dead end at ruins of historic railroad bridge and Wells River view.)			1.97
L	0.23	Rte 302	road	paved	2.00
R	0.02	Wilson Dr Cross Vt Trail climbs from Rte 302 to old railbed on this shared road (private drive)	road	lev	2.23
R	1.54	Cross Vt Trail on old railbed	trail	gravel	2.25
	•	snowmobile trail joins railbed from right			2.35
L	0.03	Rte 232 short distance on road to connect to where railtrail continues on far side	road	paved	3.79
R	6.50	Cross Vt Trail near residential drive, bear right off road onto grassy path to where rail trail resumes at trailhead parking			3.82
	•	pass residence; trail intersection with Rte 2 near driveway entrance			3.83
	•	pass jct with snowmobile trail (across bridge to right)			3.85
	•	Groton State Forest entrance, information kiosks; parking; Ricker Pond access			3.89
-	•	Ricker Pond; headwaters of North Branh Wells River go around gate at boundary of Ricker Pond State Park			3.91
	•	campground			4.12
	•	pass entrance station to campground; continue straight on Cross Vt Trail (railbed)			4.8
	•	pass spur trail on right, 0.34 mi to Lake Groton access and loop trail along Wells River			4.83
	•	pass Cross Cut Trail on south side; four season multi use trail; connects to Depot Brook Trail	trail		5.15
	•	cross Lakeside Dr pass Beaver Brook trail on south side; four season multi use	_		5.29
	•	trail; connects to Silver Ledge Trail		_	5.63
	•	cross West Shore Dr		gravel	5.89
	•	pass spur trail on left, climbs steeply 0.16 mi to scenic overlook, and trailhead parking area on Rte 232		gr	7.04
	•	cross Boulder Beach Rd			7.52
		pass spur trail on right, Water Line Trail, 0.6 mi to Still Water State Park campground			7.78
	•	pass spur trail on left, 400 ft. to parking at Kettle Pond			8.37
	•	bridge over Stillwater Brook			8.38
		Groton/Peacham town line cross Rte 232; Winooski River Watershed to west, Wells River			9.23
	•	Watershed to east Peacham/Marshfield town line			9.44
_	-	Railroad Bed East Rd on old railbed; pass Lanesboro Rd which		1	10.14
S	2.39	leads 0.33 mi north to Rail Trail Connector Trail, another 0.9 mi to parking at Rte 232			10.32
	•	pass Marshfield Pond			12.3
L	1.12	Railroad Bed East Rd; pass Bailey Pond Rd on north side; parking (limited)	oad		12.71
R	0.01	Bemis Farm Rd trailhead parking	ے ا		13.83
L	0.88	Lower Depot Rd			13.84
S	0.25	School St Marshfield Town Offices; parking, library, playground		paved	14.72 14.84
_	•	jct Rte 2 Marshfield Village		pav	14.84
	1	, =			

go	for	on	type	srfc	at mile
s	0.25	School St. Starting at the intersection of Rte 2 and School St in Marshfield Village, go south on School St across the Winooski River.		paved	0.00
	•	Marshfield Town Offices; parking, library, playground			0.13
R	0.88	Lower Depot Rd	road		0.25
R	0.01	Bemis Farm Rd			1.13
L	1.12	Railroad Bed East Rd on old railbed, trailhead parking			1.14
s	2.39	Railroad Bed East Rd pass Bailey Pond Rd on north side; parking (limited)			2.26
	•	pass Marshfield Pond			2.67
s	6.50	Railroad Bed East Rd on old railbed; pass Lanesboro Rd which leads 0.33 mi north to Rail Trail Connector Trail, another 0.9 mi to parking at Rte 232			4.65
	•	Peacham/Marshfield town line			4.83
	•	cross Rte 232; Winooski RIver Watershed to west, Wells River Watershed to east Groton/Peacham town line			5.53 5.74
	•	bridge over Stillwater Brook			6.59
	•	pass spur trail on right, 400 ft. to parking at Kettle Pond			6.60
	•	pass spur trail on left, Water Line Trail, 0.6 mi to Still Water State Park campground		gravel	7.19
	•	cross Boulder Beach Rd		gra	7.45
	•	pass spur trail on right, climbs steeply 0.16 mi to scenic overlook, and trailhead parking area on Rte 232			7.93
	•	cross West Shore Dr pass Beaver Brook trail on right side; four season multi use trail;	trail		9.08
	•	connects to Silver Ledge Trail cross Lakeside Dr	+		9.34 9.68
	•	pass Cross Cut Trail on right side; four season multi use trail;			
	•	connects to Depot Brook Trail pass spur trail on left, 0.34 mi to Lake Groton access and loop trail			9.82
	•	along Wells River pass entrance station to campground; continue straight on Cross Vt			10.14
	•	Trail (railbed)			
	•	go around gate at boundary of Ricker Pond State Park campground Ricker Pond; headwaters of North Branch Wells River			10.85 11.06
		Groton State Forest southern boundary, information kiosks; parking; Ricker Pond access; trail continues ahead on grassy path			11.08
	•	pass jct with snowmobile trail (across bridge to left)			11.12
	•	pass residence; trail intersection with Rte 2 near driveway entrance			11.14
L	0.03	Rte 232 short distance on road to connect to where railtrail continues on far side	road	paved	11.15
R	1.54	Cross Vt Trail on old railbed	trail	gravel	11.18
	•	snowmobile trail separates from railbed to left		gra	12.62
L	0.02	Wilson Dr	road		12.72
L	0.23	Rte 302 at Wilson Dr	road	paved	12.74
R	0.03	Cross Vt Trail across Hatch Bridge shared with snowmobile trail			12.97
L	0.17	Cross Vt Trail on old railbed (spur trail to right on railbed runs 0.24 mi to dead end at ruins of historic railroad bridge and Wells River view.)	trail	gravel	13.00
S	1.40	at Coal Kiln Rd, continue straight on Cross Vt Trail on old railbed	-	g	13.17
s	0.12	at Powder Spring Rd continue straight on Cross Vt Trail around old Depot building (now private residence). Groton Village center 0.16 mi north, parking			14.57
s	0.03	at Little Italy Rd continue straight across to Clarks Landing Rd	road	paved	14.69
R	0.25	Cross Vt Trail through Groton Gateway Park gravel road (Park is new. Look for improvements to be developed over time.)	trail	gravel	14.72
	•	Groton Gateway Park trailhead and parking		g	14.97

Trail Descriptions

RED = Primary multi-use trail network connected by Cross Vt Trail.

GREY = Additional trails open to multi-use, but with widely varied conditions.

GREEN = Hiking trails.

1.) Cross Vermont Trail (Groton Village to Marshfield Village through Groton State Forest) Cross Vermont Trail through the State Forest and beyond. Mostly a rail trail along the old Montpelier & Wells River Railroad. Two short sections on paved roads connect across missing pieces of the old railbed. And in Marshfield Village the Cross Vermont Trail route departs the rail bed and descends to the village center on

scenic dirt roads. Total length from Groton Village to Marshfield Village 15 mi.

- 2.) Rail Trail Connector Trail Connection from Cross Vermont Trail (on railbed) to Northern Parking Area (on Rte 232) and New Discovery State Park campground. Main part of trail runs 9/10 mi from parking area south to end at Lanesboro Rd near Ethan Allen Junction. At 2/10 mi south of parking area the Rail Trail Connector Trail passes start of "Whipples Run (Telephone Line Trail)" on left. From trail end at Lanesboro Rd, go right 1/3 mi on scenic gravel road to Cross Vermont Trail (on railbed). Or turn left to "Owls Head Park Road Trail" just across Rte 232. Meanwhile, north of parking area trail goes 1/10 mi to cross Rte 232 and connect with "Osmore Pond Park Road Trail" and New Discovery campground. Rail Trail Connector Trail surface is mostly hard packed dirt, with some sections of gravel. Trail is cleared wide because it is a snowmobile trail in winter. Mostly gradual with some steep spots, it is predominately downhill north to south. Total length 1 mi.
- 3.) Osmore Pond Park Road Trail Runs along south edge of New Discovery campground to Osmore Pond. Connects other trails, the campground and the pond. A gravel "park road", well maintained, which is also open as non motorized multi use trail. From start of trail at Rte 232 (opposite the highway from the north end of "Rail Trail Connector Trail") go around a gate and then 1/4 mi to junction with "Blake Hill Park Road Trail" on left (which is connection to New Discovery campground and to other trails beyond). Continue straight and at 1/2 mi pass junction with Owls Head Trail on right, then at 2/3 mi pass connection to "Whipples Run Trail (Telephone Line Trail)" on right (via an unnamed forest road). Trail on road ends at parking lot for Civilian Conservation Corps pavilion on shores of Osmore Pond. Mostly flat grade or downhill towards pond. Total length 1 mi.
- 4.) Blake Hill Park Road Trail Runs along east edge of New Discovery campground and connects to further trails just east of New Discovery campground. A gravel "park road", well maintained, which is also open as a non motorized multi use trail. Start at junction with "Osmore Pond Park Road Trail" go north around back side of New Discovery campground, passing hiking trail to Osmore Pond on right at 1/10 mi, then at 2/10 mi go around a gate at boundary of campground and continue northeast through forest to end at junction with "Big Deer Trail" on right. The road continues straight ahead but the name on this map changes to "Groton Forest Multi Use Loon Trail". Total length 1/2 mi.
- 5.) Osmore Pond Spur (to campground) Hiking trail that connects "Osmore Pond Loop" with New Discovery campground (and with "Blake Hill Park Road Trail".) Total length 1/2 mi.
- 6.) Osmore Pond Loop Hiking trail that makes a complete loop of shoreline around Osmore Pond, with many views of the pond. Trailhead at Civilian Conservation Corps pavilion, which can be reached via the "Osmore Pond Park Road Trail". At the south end of the pond, this trail connects with several other hiking trails. Start at CCC pavilion, turn right (south) around pond to junction with "Little Deer Trail" at 6/10 mi. Pond loop bears left at junction, crosses Hosmer Brook (outlet of pond) on small

- bridge and comes to four way intersection at 7/10 mi. At this intersection, "Hosmer Brook Trail" is to right, "Big Deer Mt Trail" is straight ahead, and the pond loop turns left. At the north end of pond pass junction with spur trail to New Discovery campground at 1 6/10 mi. Loop trail continues ahead around pond to return to pavilion. Total length 2 mi.
- 7.) Big Deer Trail Hiking trail to Big Deer Mountain from either north or south (but the summit is accessed by a different trail, the summit spur); through rolling forested country. North end of Big Deer Trail starts at "Blake Hill Forest Road Trail", go 1 mi to junction with "Big Deer Mt Spur Trail to Summit" on left. Big Deer Trail continues straight to pass "Coldwater Brook Hiking Trail" on left at 1 1/4 mi. Reach southern end of trail at four way intersection with "Osmore Pond Loop" and "Hosmer Brook Trail" at 1 3/4 mi. Total length 1 3/4 mi.
- 8.) Big Deer Mt Summit Spur Hiking trail climbs steeply to rocky summit with expansive views. This is a spur trail off of the "Big Deer Trail". Total length 1/4 mi.
- 9.) Owls Head Mt Summit Trail Hiking trail from New Discovery campground to summit of Owls Head Mountain. Trail starts gradually on an old road and transitions as it climbs the mountain eventually ending at the summit as a steep trail on stone staircases. Starting at "Osmore Pond Park Road Trail" follow old woods road for 1/10 mi. Turn left off of old road onto simple footpath (the old road continues straight to the State Forest maintenance barn, visible ahead). Trail runs through flat thickly forested area and at 1/3 mi cross four way intersection with "Whipple's Run (Telephone Line Trail)". Continue straight through intersection, climbing to junction with the end of the "Owls Head Park Road Trail" (and parking area) at 1 6/10 mi, then climbing steeply to the summit at 1 8/10 mi. From summit can backtrack or can proceed forward to make a loop by descending across open rocky area to end at Civilian Conservation Corps pavilion, at the top of the road again at 1 9/10 mi. Public toilet available at parking lot. Total length 1 9/10 mi.
- 10.) Owls Head Park Road Trail Road that climbs directly to near the summit of Owls Head. A gravel "park road", well maintained, which is also open as non motorized multi use trail. The road is steep. At the top of road is a parking lot, Civilian Conservation Corps pavilion with views of Kettle Pond, and connection to the "Owls Head Mt Summit Trail". Road starts at Rte 232, at Ethan Allen Corners, across from Lanesboro Rd and a short distance on that road from the south end of "Rail Trail Connector Trail." Total length 8/10 mi.
- 11.) Whipples Run (Telephone Line Trail) Provides connections to many other trails across the center of the State Forest. Start at "Rail Trail Connector Trail" (2/10 mi south of trailhead parking). Head east on narrow path a few hundred feet to cross Rte 232. Continue on far side of road to four way intersection with "Owls Head Hiking Trail" at 6/10 mi. Straight through intersection until trail merges with an old forest road at 3/4 mi. Turn right onto forest road (which also goes left, connecting to "Osmore Pond Park Road Trail"). Forest road here is open to high clearance motor vehicles. Reach open field (end of vehicle access) at 1 4/10 mi. Trail continues beyond the field on smaller woods road then to four way intersection with "Little Deer Summit Trail" at 1 6/10 mi, Straight through intersection, trail becomes less road like. but is still wide, descending gradually to cross Hosmer Brook on large bridge a 2 1/5 mi. Climb gradually from brook to junction with "Hosmer Brook Trail" at 2 7/10 mi. The two trails are co-aligned starting here for about a thousand feet. Pass spur trail to Big Deer State Park campground at 2 3/4 mi. Past campground, Whipples Run (Telephone Line Trail) climbs a short steep pitch with a sandy treadway, then gradually narrows to about three feet wide for remainder of its length. Pass a second junction at 2 9/10 mi with Hosmer Brook Trail (which splits off to the right, connecting to the "Nature Center Interpretive Trail"). Junction with the "Coldwater Brook Hiking Trail" at 3 2/10 mi. This hiking trail is coming up from the "Nature Center Little Loop" and starting here becomes co-aligned with Whipples Run

- (Telephone Line Trail) for about 1,500 feet. Pass a second junction at 3 1/2 mi with "Coldwater Brook Hiking Trail" (which splits off to the left, connecting north to "Big Deer Trail"). Whipples Run (Telephone Line Trail) continues straight just 100 feet more to end at a bridge over Coldwater Brook and the start of the "Coldwater Brook Forest Road Trail" (which is different than the hiking trail with the same name.) Total length 3 1/2 mi.
- 12.) Coldwater Brook Forest Road Trail A continuation of "Whipples Run (Telephone Line Trail)" connecting south to Boulder Beach Rd. Forest road maintained for access by high clearance vehicles, which also functions as a part of the multi use trail network. From the start of the trail at a bridge over Coldwater Brook, go south, pass straight through four way intersection with "Peacham Bog Trail" at 3/4 mi. Go around edge of old gravel pit at 9/10 mi. Pass junction with "Groton Forest Multi Use Loop" on left at 1 1/2 mi. Trail ends at intersection with Boulder Beach Rd at 2 2/10 mi. Total length 2 2/10 mi.
- 13.) Connection to Whipples Run Connection between "Osmore Pond Park Road Trail" and "Whipples Run (Telephone Line Trail)" on an unnamed Forest Road. Total length 1/10 mi.
- 14.) Little Deer Mt Summit Trail Hiking trail climbs relatively gradually to a rocky summit with views of Lake Groton. Can start from either the "Osmore Pond Loop" or from "Whipples Run (Telephone Line Trail)". Begins at the southwest corner of Osmore Pond, at a three way intersection with "Osmore Pond Loop". The trail to Little Deer climbs away from the pond for 300 feet to a four way intersection with "Whipples Run (Telephone Line Trail)". Continue straight through intersection and climb through open forest to summit at 4/10 mi. Total length 4/10 mi.
- 15.) Hosmer Brook Trail Hiking trail alongside a small brook, with an additional segment that connects towards the Nature Center. Starting at "Osmore Pond Loop" go south, downstream, alongside Hosmer Brook for 1 mi to intersection with "Whipples Run (Telephone Line Trail)". Turn left and follow Whipples Run for 2/10 mi (the two trails are co-aligned here.) At 1 2/10 mi turn right off of Whipples Run where Hosmer Brook Trail splits off as a separate trail again. Continue on small hiking trail for another 2/10 mi to end of this trail at junction with "Nature Center Interpretive Loop". Total length 1 4/10 mi.
- 16.) Big Deer Campground Spur Quick connection between Big Deer State Park campground and "Whipples Run (Telephone Line Trail)". Easy hiking trail. Bikes will likely need to dismount and carry over a short rocky section. Horses are not allowed on this trail. Total length 315 feet.
- 17.) Nature Center Interpretive Loop Trail Short hiking loop with numbered stations keyed to a nature guide brochure available at the Nature Center. Trail starts behind the Nature Center building. From the lawn, climb into the woods for 100 feet to a T intersection (these are the two ends of the loop). Turn right and go around the loop counter clockwise. At 4/10 mi pass junction with "Hosmer Brook Trail" on right. (This is the south end of this trail which runs north all the way to Osmore Pond.) The Interpretive Loop bears left and descends to the beginning point. Total length 6/10 mi.
- 18.) Nature Center Little Loop Trail A one mile hiking trail loop at Nature Center with views of an open wetland and connection to more trails to the north and east. (There are two loop trails which begin at the Nature Center. Ironically, the "Little Loop" is the larger of the two.) The Little Loop starts on the opposite side of the parking lot from the Nature Center building. From the start, go about 100 feet into the woods to T intersection (these are the two ends of the loop). Turn right and go around the loop counter clockwise. At 1/2 mit there is a four way intersection. The start of "Peacham Bog Trail" is to the right; start of "Coldwater Brook Hiking Trail" is ahead. The Little Loop turns left and returns to the beginning point. Total length 9/10 mi.

- 19.) Coldwater Brook Hiking Trail Hiking trail south to north generally parallel to Coldwater Brook, which connects from the Nature Center area up to the Big Deer Mountain area. Starting at four way intersection with "Nature Center Little Loop" and "Peacham Bog Trail", Coldwater Brook trail goes north on a simple hiking trail for 1/3 mi to a junction with "Whipples Run (Telephone Line Trail)". At this junction the Coldwater Brook Hiking Trail turns right and merges with Whipples Run for a short time, they are co-aligned for about 1,500 feet. At 2/3 mi Coldwater Brook Hiking Trail splits off to the left and continues north again on a simple hiking trail to end at junction with "Big Deer Trail" at 1 1/2 mi. Total length 1 1/2 mi.
- 20.) Peacham Bog Trail Hiking trail to Peacham Bog boardwalk and viewing area. Otherwise a generally level hike through typical forest. Can be an out and back trip to the bog from the Nature Center (combined with the "Little Loop Trail".) Or the trail continues beyond the bog a short distance to end at junction with the "Groton Forest Multi Use Loop" and can be a part of a longer hike to make a loop (and so this trail is sometimes called the "Peacham Bog Loop Trail"). Start at four way intersection of "Nature Center Little Loop Trail" and "Coldwater Brook Trail", the Peacham Bog Trail runs east a couple hundred feet to cross Coldwater Brook on a small bridge, then crosses Coldwater Brook Forest Road at 1/3 mi. Continue straight across the road and through the forest to reach the edge of the bog at 1 2/3 mi. A boardwalk, including a viewing platform, crosses the bog for about 700 feet. Beyond the bog continue to end at intersection with "Groton Forest Multi Use Loop Trail" at 2 mi. Total length 2 mi.
- 21.) Groton Forest Multi-Use Loop Trail A long arcing route around the northeast quarter of the State Forest. Mostly aligned on snowmobile trails or Forest Roads but open to four season non motorized multi use. The value of this trail is a chance to go for a long cruising run or ride in a remote setting without crossing any real roads or seeing buildings. Popular with equestrians, less used by hikers and cyclists. Tread conditions vary widely but cyclists should expect to have to carry bike through sections that are rocky, steep or muddy. Starting at "Coldwater Brook Forest Road Trail", climb steadily on a mix of old woods roads and rough cleared new trail for 1 1/2 mi to junction with "Red Brook Forest Road Trail" on right. Bear left and continue on the Multi Use Loop, which becomes noticeably larger and more maintained as it is coaligned with snowmobile trail for the remainder of its length. Pass "Peacham Bog Trail" on left at 1 3/4 mi, pass "Martins Pond Trail" on right at 3 mi. Pass hiking trail up south side of Devils Hill on left at 3 1/3 mi, pass forest road to Devils Hill Road on right at 3 1/2 mi, and then pass hiking trail up north side of Devils Hill on left at 3 9/10 mi. Trail is wide and grassy and traverses rolling terrain. Cross a stream and wetland area on a small bridge then pass south end of Peacham Pond Loop at 5 1/4 mi on right. Bear left to junction with north end of Peacham Pond Loop at 5 1/2 mi on right. Bear left and soon trail becomes co-aligned with a gravel road that in addition to being a snowmobile trail also provides access to a small number of private camps. Road becomes progressively larger and more maintained. Pass numerous smaller forest roads but continue on the obvious larger road, until a fork with two equal sized roads in an open area at 7 3/10 mi. Take the left fork to junction with "Big Deer Trail" on left at 7 1/2 mi. At this point the road continues straight to New Discovery State Park, but the name used on this map changes to "Blake Hill Park Road Trail". Total length 7 1/2 mi.
- 22.) Red Brook Forest Road Trail Connection to the State Forest trails from the Town of Peacham road network. Maintained Forest Road, gated at each end, but open to non motorized multi use. Starts at Greenbay Loop Road (Town of Peacham) and runs 1 6/10 mi to end at junction with the "Groton Forest Multi Use Loop Trail", crossing a pond and wetland area just before the junction. Total length 1 6/10 mi.
- 23.) Martins Pond Trail Provides connection from Martins Pond Lane (in Town of Peacham) up to "Groton Forest Multi Use Loop Trail" a short distance south of Devils Hill. Mostly on grassy old woods roads, with one steep section of rough cleared new trail. Total length 3/4 mi.

- 24.) Devils Hill Summit Trail Hiking trail to rocky summit with expansive views. Starting at end of Devils Hill Road (Town of Peacham) go up a wide well maintained Forest Road for 1/3 mi to reach a three way intersection with "Groton Forest Multi Use Loop Trail". Bear right and follow Multi Use Trail. At 2/3 mi the hiking trail splits off to the left and starts to climb the mountain. The trail here is well used and wide for a hiking trail (but still much narrower than the Multi Use Trail). At 1 mi reach the summit with ledge outcrops and a view to the west. Trail continues on from the summit and descends south side of the mountain on a much narrower hiking trail to junction again with "Groton Forest Multi Use Loop Trail" at 1 4/10 mi. Turn left onto the Multi Use Trail to return to the three way intersection from the opposite direction, at 1 6/10 mi, forming a loop. Turn right and retrace back down the Forest Road to trailhead and parking. Total length including the double back on the Forest Road is a little less than 2 mi.
- 25.) Peacham Pond Loop This trail provides connection from the "Groton Forest Multi Use Loop Trail" to Peacham Pond and then back around to rejoin the Multi Use Trail (but unlike the other pond loop trails on this map it does not actually go around the pond.) Peacham Pond is mostly surrounded by private homes. This loop incorporates a section on a town road alongside the pond. Starting at a northerly junction with the Multi Use Trail, proceed north to merge with a gravel road at 1/4 mi. Turn right and follow the gravel road along edge of pond. At 1 1/4 mi. turn right off of the road and back onto a trail in the woods. Trail here is relatively small though still big enough for horses and mountain bikes. At 2 mi trail merges with a snowmobile trail and becomes much wider. Turn right and go south on the larger trail to end at a southerly junction with the Multi Use Trail at 3 1/2 mi (just uphill from a bridge over a brook and wetland area.) Total length 3 1/2 mi.
- **26.)** Overlook Spur Short trail on old woods road connecting from Cross Vermont Trail (on old railbed) to trailhead, parking and scenic view of Lake Groton. Trail is medium steep with uneven tread. Total length 2/10 mi.
- **27.)** Waterline Trail Connection from Cross Vermont Trail (on old railbed) to Stillwater State Park campground. Constructed gravel trail along the route of a buried water line. Total length 6/10 mi.
- 28.) Kettle Pond Spur Connection from Cross Vermont Trail (on old railbed) to Kettle Pond, trailhead, parking and group camping area. Climbs directly up to Rte 232 from rail trail, parallel to Stillwater Brook. At Rte 232 the entrance to group camping area is directly across, and pond (with trailhead and parking) is a short distance north along shoulder of highway. Total length 1/10 mi.
- 29.) Kettle Pond Loop Hiking trail around large wilderness pond, many views across water. Starting at information kiosk in corner of parking lot, trail is built to Universally Accessible standards for about 800 feet to a dock on the shore of the pond. Beyond this point trail continues in a more primitive condition around the remainder of the pond with many boulders and rock hopping sections. At 2 3/4 mi, after going nearly completely around the pond, trail enters State Park group camping area. Turn left onto park road and follow it to Rte 232 at 3 mi. Turn left and follow highway shoulder for 500 feet to return to trailhead and parking. Total length just over 3 mi.
- 30.) Lake Groton Outlet Trail Connection from Cross Vermont Trail (on old railbed) to Lake Groton outlet (water access and scenic view of lake). This is the start of the Wells River. Also serves as road for occasional use by dam safety maintenance vehicles to get to the dam at lake outlet. From the rail trail descend gradually to junction with "Ricker Pond Hiking Trail" at 2/10 mi, then continue across rocky ground parallel to the Wells River a short distance to the lake. Total length 1/3 mi.

- 31.) Ricker Pond Trail Hiking trail along the Wells River between Lake Groton outlet and the top of Ricker Pond. Includes a short spur trail 150 feet to a view point on shore of Ricker Pond. South end of trail is at State Park campground road. This trail together with a short section of road and the "Lake Groton Outlet Trail" form a loop with the Cross Vermont Trail (on old railbed). Total length of trail 1/3 mi.
- 32.) Silver Ledge Mt Summit Trail Hiking trail climbs to summit with views. Starts at the "Beaver Brook Forest Road Trail". Total length 6/10 mi.
- 33.) Beaver Brook Forest Road Trail Provides a connection from Cross Vermont Trail (on old railbed) to "Silver Ledge Mt Summit Trail", and then to Depot Brook Road and beyond to the area west of Rte 232. Primarily a snowmobile trail and forest road, but open to four season non motorized multi use. Start at junction with rail trail, go uphill to cross Rte 232 at 1/4 mi. Continue on far side of highway, pass "Silver Ledge Trail" on right at 1 mi. Trail ends at junction with "Depot Brook Forest Road Trail" on left at 1 1/3 mi. (The Beaver Brook Road continues straight ahead as just a forestry road, not mapped as part of trail network.) Total length 1 1/3 mi.
- 34.) Crosscut Trail Provides connection from Cross Vermont Trail (on old railbed) to west side of Rte 232 and ultimately to Noyes Pond area. Primarily a snowmobile trail but open to four season non motorized multi use. Wide, somewhat steep. Climbs from rail trail a few hundred feet to cross Rte 232. Continue on far side of road up hill into the forest, passing two other snowmobile trails on left (not open to summer use) before ending at junction with "Depot Brook Forest Road Trail" at 1 1/4 mi. Total length 1 1/4 mi.
- 35.) Depot Brook/South Branch Forest Road Trail Completes the connection to the Noyes Pond and Spruce Mountain area on the west side of the State Forest. Primarily a snowmobile trail and forest road, but open to four season non motorized multi use. Start at junction with "Beaver Brook Forest Road Trail" (near Silver Ledge Mountain), go south. Pass "Crosscut Trail" on left at 1/4 mi and continue uphill on wide road/snowmobile trail. Name of road changes to South Branch Road. Cross over South Branch of Wells River at 2 1/2 mi. Trail ends at 3 2/10 mi at Seyon Pond Road, which is a Town of Groton regular gravel road. (To get to Seyon Lodge and Noyes Pond, turn right and follow road for 1 1/2 mi.) Total length 3 2/10 mi.
- 36.) Noyes Pond Loop Hiking trail around Noyes Pond. Trail on north side of pond is small and hugs the shoreline. On the south side trail moves up away from pond and follows old logging roads. There are numerous cross country ski trails crisscrossing this area (not shown on summer trail map). Total length 1 3/4 mi.
- 37.) Darling Trail (Noyes Pond to Spruce Mountain) A primitive hiking trail from Noyes Pond to Spruce Mountain. Total length a little more than 4 mi.
- 38.) Spruce Mountain Summit Trail Hiking trail to summit of Spruce Mt. At the top, there is a climbable fire tower that offers a 360° view of the surrounding area. Trail starts at parking lot on Spruce Mountain Road (Town of Plainfield). Total length 2 1/10 mi.
- **39.**) **Spur to old railroad bridge ruins.** West of where Cross Vt Trail crosses Wells River on a modern trail bridge, the old railbed is still public and open as an "out and back" trail. It runs 1/4 mi to dead end at site of old railroad bridge (now in ruins) and view of Wells River. Total length 1/4 mi.